

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

"Where Ordinary People Provide Extraordinary Service"



July 12, 2010

Frank Dunkle Ohio Humanities Council

The Ohio Humanities Council encourages all Ohioans to explore the human story, to use history, literature, philosophy and the other humanities as the means to arrive at new insights. OHC is an independent, nonprofit organization funded by the National Endowment for the Humanities, the State of Ohio and private contributions. Since 1972, the Council has provided services and grants to hundreds of Ohio's cultural organizations.

Today's speaker is part of the OHC Speakers Bureau. Frank Dunkle is adjunct professor at Columbus State Community College and program officer for the Ohio Humanities Council. His historical research has focused on early American biography and military history. Serving a number of years as Road Manager for Ohio Chautauqua helped Dr. Dunkle see the effectiveness of living history as a form of education and entertainment. He has spent several years studying the life of John Brown and developing this realistic portrayal.



John Brown and the War on Slavery ...

John Brown is best known for his failed raid on the federal arsenal at Harper's Ferry, West Virginia in 1859, and rightly so. That event was a major step towards secession and the Civil War. However, John Brown had been active in the fight against slavery for many years before that. In this portrayal, John Brown addresses a public audience several months before the fateful Harpers Ferry raid. He discusses his earlier activity in the Underground Railroad, the bloody partisan fighting in Kansas and the childhood incident that led him to swear eternal warfare against slavery.



Thank you **Linda Kay**
and **Cortez Bogard**
for greeting us today.



Thank you
Mark Poepelman
for providing today's
invocation.

Scheduled Committee Meetings

July 12

Behavioral Health and
Wellness
Homeless
International Relations
Senior Citizens

July 19

Assimilation
Attendance & Retention
Membership
Music & Arts
Wills & Legacy
Y. C. P. O.

Today's Menu: House Salad, Chicken Marsala

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

President's Corner



Elsewhere in this newsletter you will find information on The Eliminate Project, which is the new worldwide service project selected by Kiwanis International. This project is designed to eliminate maternal and neonatal tetanus (known as MNT) by 2015. Kiwanis International is partnering with UNICEF

to reach the farthest, most remote places where this deadly infection kills 60,000 babies and 30,000 mothers annually. It is still very active in 40 countries—mostly in Africa and southern Asia.

It was very inspiring to see and hear this project announced at the Kiwanis Convention in Las Vegas at the end of June. All the officers of both Kiwanis International and UNICEF were present to unveil what had been a closely guarded secret. There was much celebration where the 4,000 Kiwanians, including three from our Club, saw the videos and heard the testimonials of those involved with the selection. Carol Stern, president of UNICEF, said, "The UNICEF goal is that no child will die from a disease we know how to prevent. It is up to us to change this."

So, while the details are not yet available about how this five-year campaign to eliminate MNT will unfold, Kiwanis International has asked us to follow five steps.

- Prepare** for the project by growing our club.
- Educate** ourselves and others about MNT
- Advocate** for the project and the elimination of MNT
- Invest** our time in learning and becoming involved in the program
- Eliminate** this disease just as we eradicated IDD.

We are a large and very active Club so we will want to be on the forefront of contributing to this worldwide project of our International organization.



From the history books ...

Many years ago in Scotland, a new game was invented.

It was ruled 'Gentlemen Only ... Ladies Forbidden' ... and thus, the word GOLF entered into the English language.

Calendar of Events

7/24 – Kiwanis Night at the Crew

7/26 – "Bring a guest to lunch" day – Mayor Coleman

7/29 – Social fundraiser (limited space available)

New world-wide service project announced ...

At the 95th Kiwanis International Convention held recently in Las Vegas, a new world-wide service project, The Eliminate Project, was announced and explained. Clubs throughout the world are encouraged to support this project in a manner similar to the IDD project several years ago, which successfully helped eradicate iodine deficiency disorders in many third-world countries.

With The Eliminate Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of 60,000 innocent babies and 30,000 mothers each year. The effects of the disease are excruciating — tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

To eliminate MNT from the Earth by 2015, 129 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. It will take \$110 million — and the dedicated work of UNICEF and every member of the Kiwanis family.



Kiwanis and UNICEF joined forces to tackle iodine deficiency disorders achieving one of

the most significant public health successes of the 20th century. Now, they are committed to eliminating MNT from the face of the Earth. And in doing so, the project will reach the poorest, most neglected mothers and babies with additional lifesaving health care. The end of this one disease means the beginning of better health for so many families.

Reputable law firms – maybe not ...

Gettis, House and Carr - *Divorce Attorneys*

Robbin, Banks and Storz - *Criminal Law*

Green bread ...

Doesn't sound too appetizing does it? So let's talk about brown bread vs. white bread. White bread is made from wheat where the germ (living part of the seed) and bran (outer portion of the seed) have been removed. Along with them go most of the nutrients.

The government is aware of this and requires the millers to add the removed nutrients back into the flour. Nature gives it, we remove it and then add it back.

A better idea is to eat "whole wheat" brown bread. It is more nutritious than white bread, takes less energy to produce and does not require the use of rather exotic bleaching agents* to get the flour lily-white. (Was that a pun?)

The general rule of thumb is the fewer ingredients in the bread and the presence of whole meal flour as the major ingredient, the better it is for you - and the planet. See, brown bread is really GREEN!

~~~ Scott Doellinger

*\*Standard flour bleaching agents are: potassium bromate, benzoyl peroxide or chlorine dioxide gas. Potassium bromate is also known as Bromic Acid or Potassium Salt. It's an oxidizing agent, can be fatal if swallowed, is harmful if inhaled or absorbed through the skin and may also cause kidney damage. Benzoyl peroxide is another irritant that can kill animals, birds or fish, and cause death or low growth rate in plants. Chlorine dioxide is also a pesticide, and even though it breaks down very quickly, it is ranked in the USA as one of the compounds most hazardous to the environment.*

## Kiwanis Night at the Crew ...

Ohio Kiwanis Division 10-W will be coordinating a Kiwanis Night at The Columbus Crew on Saturday, July 24. It will be an evening game (7:30 p.m.) against the Houston Dynamo.



Cost of admission is \$22 per person, and that includes one south end seat, one Sugardale hot dog, one popcorn and one Pepsi product.

Members will be required to coordinate their ticket purchases individually by submitting a ticket order form directly to the Columbus Crew. Payment can be made by check or a credit card. Ticket order forms can be secured from Club Secretary **Paul Bohlman** or can be printed from our web site (under the "Forms" tab). Orders must be submitted directly to the Crew by Friday, July 22.

Dear Mr. Bohlman:

On behalf of the students, faculty and staff of the Ohio School for the Deaf, I would like to thank the members of the Kiwanis Club of Columbus for the donation of \$1,000. Your donation will be deposited into our Olweus Bullying Prevention program fund. This program is aimed to prevent or reduce bullying to improve student peer relations and to make our school a safe place for students to learn.

I would like to extend an invitation to you and other members to visit our school at any time as my personal guest, whenever you happen to be in the area. This will give you a chance to view our program firsthand as well as allow me the express privilege of thanking you personally.

Sincerely,  
Edward E. Corbett, Jr. Ph.D.  
Superintendent

## Mark your calendars ...

'All work and no play' is not a healthy situation. That is why we are planning a special fund-raising social event open to all of our Club members and their guests.

Past president George Ruff and his wife, Cookie, have graciously offered to open their lovely Upper Arlington home for a relaxing evening of fellowship, adult beverages and food. The date will be Thursday, July 29. Cost will be \$25 per person, with all proceeds from the event going to the Columbus Kiwanis Foundation.

Space is limited, so please RSVP with your check (made out to Columbus Kiwanis Foundation) by July 23. Reservations and checks should be sent to the Club's address - P.O. Box 20334, Columbus, OH 43220-0334.

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## Regatta promotion gears up ...



This year's Columbus Corporate Regatta is scheduled for Monday, August 16, at the Columbus Metropolitan Library on South Grant Avenue. Our overall goal is to raise \$30,000+ for our Columbus Kiwanis Foundation, so that we can continue to support the various worthwhile programs in

the community that need financial assistance. This is where we need your help, and here are ways you can do just that:

**1- Purchase a yacht.** You can either race in the event and/or help recruit companies who will. Details for sponsorship and yacht purchases can be found on our Club web site at [www.columbuskiwanis.org](http://www.columbuskiwanis.org).

**2- Purchase a raffle ticket.** We will be selling raffle tickets at our weekly Monday meetings. Tickets will cost \$2 each or three for \$5 and you will have the opportunity to win some fantastic prizes. There is no limit to the number of tickets you can purchase.

**3- Pre-purchase your luncheon ticket.** We will be selling Regatta luncheon tickets at our weekly meetings. Regatta entrants and sponsors receive free meal tickets, but all others are asked to pay \$5 per ticket. For each luncheon ticket you pre-purchase prior to August 10, you will receive a second ticket for free. We hope this will encourage you to bring a guest to the event, be it a family member, a co-worker, a potential member or a business associate. The bigger the crowd, the better.

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## Prepaid lunch reminder ...

If you are interested in participating in the quarterly pre-paid luncheon program, please remember that checks are due in to **Paul Bohlman** no later than July 12 in order to participate in the third quarter program. This quarter contains 10 meals at the Athletic Club (does not include August 16 Regatta or September 5 Labor Day) at the discounted price of \$10 per meal (\$100).

## Church bulletin flubs ...

“At the evening service tonight, the sermon topic will be ‘What Is Hell?’ Come early and listen to our choir practice.”

“Eight new choir robes are currently needed, due to the addition of several new members and to the deterioration of some older ones.”

“Potluck supper Sunday at 5:00 p.m. - prayer and medication to follow.”

“Please place your donation in the envelope, along with the deceased person you want remembered.”



## BIRTHDAYS THIS WEEK

07/16 – Joe Mesenberg

## Useless facts ...

The first couple to be shown in bed together on prime-time TV was Fred and Wilma Flintstone.

Every day more money is printed for Monopoly than for the U.S. Treasury.

Men can read smaller print than women can; women can hear better.

Coca-Cola was originally green.

The cost of raising a medium-size dog to the age of 11: \$16,400

The average number of people airborne over the US. in any given hour: 61,000

## Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

Phone: 614-764-8082

e-mail: [office@columbuskiwanis.org](mailto:office@columbuskiwanis.org)

website: [www.columbuskiwanis.org](http://www.columbuskiwanis.org)

### CLUB OFFICERS

|                  |                  |
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| Char Collister   | President        |
| Scott Lindsey    | Past President   |
| Tim Barhorst     | President-Elect  |
| Jamie Richardson | Vice President   |
| Nick Tomashot    | Treasurer        |
| Paul Bohlman     | Secretary/Editor |

### CLUB TRUSTEES

|               |                   |
|---------------|-------------------|
| <b>2010</b>   | <b>2011</b>       |
| Tim Barhorst  | Paul Collinsworth |
| Susan Black   | Chad Endsley      |
| Mike Edwards  | Jade Metcalf      |
| Holly Stokes  | Jamie Richardson  |
| Nick Tomashot | Larry Walters     |

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## Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

### FOUNDATION OFFICERS

|                |                |
|----------------|----------------|
| S. Ronald Cook | President      |
| Alan Weiler    | Vice President |
| Jim Bechtel    | Treasurer      |
| Paul Bohlman   | Secretary      |

### FOUNDATION TRUSTEES

|                  |                |
|------------------|----------------|
| Jamie Richardson | Char Collister |
| Tim Barhorst     | J. David Ryan  |
| George Ruff      | Fred Miller    |