

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

"Where Ordinary People Provide Extraordinary Service"



June 21, 2010

Dr. Mike Thomson

Author, entertainer and motivator

"In Search of Character"

Dr. Mike Thomson has extensive professional experience, including supervision in the Department of Psychology and Psychiatry at The Mayo Clinic: as the director of healthcare centers in Minnesota, Ohio and Sweden; and as an adjunct associate professor with The Ohio State University and Ashland University. He is also a certified reality therapist; a national spokesman for the Better Business Bureau's Center For Character Ethics; and the president of two successful companies, Thomson ETC., Inc. and It's All About Character, Inc. Dr. Mike, as he is known around the country, is the host of the award-winning television series "In Search of Character," as well as an author of "Strategies for Saving Your Sanity In The Classroom," "Strategies for Saving Your Sanity In Parenthood," "Getting Your Parents Off Your Back...And On Your Side," and "It's All About Character." He's lectured to more than two million people worldwide.



Dr. Thomson is a master of entertainment, comedy, inspiration, fun and learning, so get ready for a vibrant meeting! His style and method of motivation is second-to-none. He brings an energy level that leaves audiences breathless. Everyone leaves with renewed vigor, dedication and a commitment to excellence. Audiences appreciate Dr. Mike's engaging, real-world and life examples. They are fascinated and entertained by his humor, use of props, audience participation and charismatic personality.

Dr. Mike will be speaking on 'Strategies For Saving Your Sanity' and will cover the following areas: 'No fluff...Just answers to everyday problems'; 'Three themes they forgot to teach us'; 'Three simple categories you never thought of that will unleash the power inside of you'; 'Six critical questions guaranteed to save your sanity in any situation'; 'Eight insider secrets of the most successful people ever'; 'Un-tapping the blueprint for massive life success'; 'The magic behind creating a culture and climate others just dream of'; 'Why attitude is really everything'; and 'Learning the secret behind the 2-minute theory for saving your sanity.'

What others are saying about Dr. Mike's presentations:

~~~ continued on page two

 **Thank you Jack D'Aurora**   
for greeting us today.

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 **Thank you Jade Metcalf**  
for providing today's invocation.

| Scheduled Committee Meetings |                            |
|------------------------------|----------------------------|
| <b>June 21</b>               | <b>June 28</b>             |
| Assimilation                 | Boast                      |
| Attendance & Retention       | Boost                      |
| Membership                   | Career Guidance            |
| Music & Arts                 | Public Affairs             |
| Wills & Legacy               | Regatta                    |
| Y. C. P. O.                  | Service Leadership Program |

## Today's Menu: House Salad, Jerk Marinated Chicken Breast

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

### President's Corner



#### How will you use your longest day?

June 21 is the longest day of the year. So, in theory, we have more time that day. At least, we sure have more daylight. So how will you use your

“more daylight” time?

We, as Kiwanians, have the golden opportunity to use our time in the most fulfilling (personally) and productive (for others) way of any folks. With about one-third of this administrative year to go, we have the opportunity to really make a difference. We have all the reading opportunities at the Boys and Girls Club, now so ably coordinated by **Jack D'Aurora**; we can feed the Homeless so ably coordinated by **Laura Donahue**; and we can have both camaraderie and effective participation with the Regatta so ably chaired by our triumvirate of **Mike Hammerle, Dave Keller, and Jerry Durham**. And, we have two great nights coming up with the Division Kiwanis, at the July 24 Crew game and the Sept. 3 Clippers game. So there is no dearth of opportunities to get involved with our fellow Kiwanians in wonderful, worthwhile projects.

So, to all our committee members and chairs, for the last third of the Kiwanis year, I say: One, reach out and get more committee members from our new member pool; two, continue analyzing the needs of the community, to be sure we spend all our budgets on worthwhile opportunities where the needs are great; and three, have great and personally fulfilling ‘Kiwanis Time.’ Use your “more daylight” to help others and yourself.

### Calendar of Events

07/05 – NO MEETING – Independence Day holiday

07/06 – Trustee meeting at Barley's Smoke House

8/13 - 8/15 – Ohio District Convention - Cincinnati

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"Bravo, Bravo. The compliments and rave reviews have been pouring in to me over the last couple of days. Thank you Dr. Mike for starting off our seminar on such a great note. Thanks to your message, delivery and dynamic personality, our day was a SUCCESS!!!" - Andrea Rakowicz, The Property One Management One, LTD.

"Dr. Mike had everyone listening to every word out of his mouth for 60 minutes. He's pure 'edutainment' at its best. He's amazing!" - Kathy Chapman, Ohio Health Care Association

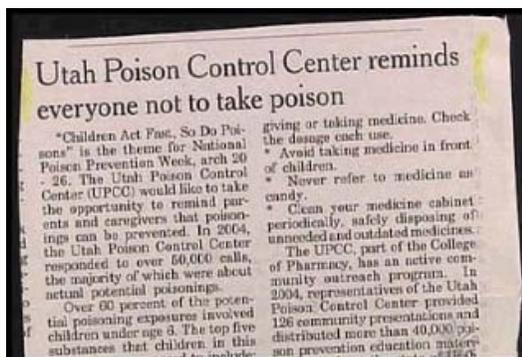
"Dr. Mike is awesome! It's by far the best program we have ever had that entertains, engages and excites our students, teachers and parents from the beginning to the end." - Chris Mate, Madeira Schools.

"Dr. Mike will save your sanity with practical, no fluff answers." - Mark Victor Hansen, co-creator #1 New York Times best-selling series, *Chicken Soup for the Soul*.

This is a presentation you'll not want to miss. In fact, please bring a guest!

After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him. The moral: When you're full of bull, keep your mouth shut.

News you need to know ...



Pre-paid lunch plan ...



For those members looking for a little convenience while saving a few bucks, we have set up the quarterly pre-paid lunch plan.

There are 10 luncheon meetings at the Athletic Club during the 13 weeks of this year's third quarter which begins on July 1. There are no meetings on July 5 and September 5, due to the Federal holidays and on August 16, we will be holding the Corporate Regatta.

By paying for the full quarter's worth of lunches in advance, you save \$1 per week: \$100 instead of \$110. To participate, you must have your check submitted on or before the July 12 meeting. Checks should be made out to the *Kiwanis Club of Columbus*.

Time to 'push for' a better lawn ...

Before power lawn mowers, all lawns were cut by hand. The favorite tool was the push reel mower. This type of mower has been reinvented and is easier than ever to use.



The blades are now adjusted to just miss each other, reducing pushing effort, and noise.

New materials make the mowers as light as 15 pounds. They start instantly.

They are so quiet that you can mow at any time and you can carry on a conversation while mowing.

They do not need refueling: Americans burn 800 million gallons of gas each year trimming their grassy yards, according to the EPA.

They avoid air pollution: A gas mower running for an hour emits the same amount of pollutants as eight new cars driving 55 mph, for the same amount of time, according to the Union of Concerned Scientists.

They avoid fuel spilling: Lawn and garden equipment users inadvertently spill 17 million gallons of fuel each year while refilling their outdoor power equipment. That's more petroleum than that spilled by the Exxon Valdez in the Gulf of Alaska.

Push reel mowers are recommended for 8,000 square foot lawns and smaller (just do the front and back yards on different days).

Using a push mower, you burn through more than 240 calories mowing for 30 minutes. You also lose the gas can, tune-ups, pollution, hard-starting and "the gut."

Kiwanis Night at the Crew ...

The Ohio District Kiwanis Division 10-W will be coordinating a Kiwanis Night at The Columbus Crew on Saturday, July 24. It will be an evening game (7:30 p.m.) against the Houston Dynamo.



Cost of admission is \$22 per person, and that includes one south end seat, one Sugardale hot dog, one popcorn and one Pepsi product.

Members will be required to coordinate their ticket purchases individually by submitting a ticket order form directly to the Columbus Crew. Payment can be made by check or a credit card. Ticket order forms can be secured from Club Secretary **Paul Bohlman** or can be printed from our web site (under the "Forms" tab). Orders must be submitted directly to the Crew by Friday, July 22.

Consciousness: That annoying time between naps.

Kiwanis Night at the Clippers ...



Of course, it wouldn't be summer if you didn't bring the family to at least one baseball game at Huntington Park. Why not make it Friday, September 3, when they take on the Toledo Mudhens at 7:05 p.m.?

The Ohio District Kiwanis Division 10-W will be coordinating a Kiwanis Night at the Clippers on that evening. It will be open to all members, our families and guests. The gates will open at 5:30 p.m.

To reserve tickets and/or to purchase a special food voucher, members must submit their ticket order form and payment (check or credit card) directly to the Columbus Clippers NO LATER than August 24. Order forms are available from **Paul Bohlman**, or can be printed from the web site.

HAVE 401(k) QUESTIONS? LET'S TALK.

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Trustee meeting report ...

Financials: The monthly Foundation reports reflects \$19,000 of investment income which is ahead of budget YTD. The Club financials show an income increase of \$29,000 due mainly to auction income.

Membership: There were no new applications to approve. Folders with the FAQ flier will be at the table for guests each Monday.

Good Cheer: Dick Tice is well and should be at next week's meeting.

Environment/Agriculture: \$300 was approved for Tajikistan visitors with the International program. Visitors will attend the June 21 meeting

Service Leadership: \$100 was approved for the District dues for the Hannah Neil Key Club. The Boys and Girls Club formal chartering ceremony will be at the west-side Club, with the date to be announced. They will be invited to participate in the Regatta.

Retention: Past President Scott Lindsey will present one-year membership certificates to new members on June 21

Scholarship: Brian Seitz reported on the successful presentation of scholarships at the June 7 meeting. Now the committee will work on the "non-traditional" scholarships for presentation in a few months.

College Fair: Troy Terakedis reported College Fair will be Sept. 27 at Vets--all on schedule.

Regatta: Dave Keller reported that we are half way to our goal. Potential sponsors and participants should be referred to Dave.

Youth Opportunities: Char reported the committee is evaluating the possibility that Kiwanis would take over the "back-to-school" backpack project.

Library named the best ...

Library Journal named the Columbus Metropolitan Library system as the 2010 Library of the Year. Every year, *Library Journal* recognizes the U.S. public library system that most profoundly demonstrates service to the community, creativity and innovation in developing community programs.

"What is really so important is this is an award that celebrates this community. This is a community that is in love with its library system, uses its library system at record levels, and this is the recognition for the communities support and use of this library for many years," said CML Executive Director Patrick Losinski. The Kiwanis Club of Columbus and the Columbus Kiwanis Foundation are major supporters of the Library via our annual Corporate Regatta.

The Columbus Metropolitan Library has been serving residents for more than 125 years. In addition to a \$10,000 award, CML will be featured as the cover story for the June 15, 2010, issue of *Library Journal*.

I started out with nothing and I still have most of it.

BIRTHDAYS THIS WEEK



06/23 – Jean Evans

06/26 – Pete Reiber

Dear Mr. Mackey:

Please accept this brief note of thanks to you and members of the Kiwanis Behavior Health and Wellness Committee for awarding Columbus Area, Inc. "Gateway to Wellness Services" the \$750 grant award in support of our MECCA Summer Day Camp program.

We are very grateful to you for your support and with this money, we will be able to offer inner-city youth the opportunity to participate in a safe and fun filled educational experience that they would not be able to have, had it not been for the Committee's generosity.

Sincerely,
Janie Bailey
President and CEO

Kiwanis Club of Columbus

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P.O. Box 20334, Columbus, OH 43220-0334

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