

What:

The 2016 Columbus International 5K is a community event and 5K run/walk designed to help educate families on prenatal and infant care, with the end result of reducing infant mortality. It will take place on Saturday, April 16 from 3:30 p.m. to 7 p.m., with the 5K race starting at 5 p.m. A variety of exhibits will help educate and inform attendees about pre- and new-born child care. There will be free entertainment for the public, along with access to food vendors.



The race will have an international theme and will feature exhibits from different countries along the race course. Runners will receive an international 'tech' T-shirt as part of their entry. A special walking category will be available for expectant women and parents with infants.

Why:

To save lives by building awareness and raising money to help reduce infant mortality. Ohio has one of the highest infant mortality rates in the country and we want to help correct that.

Where:

The race will begin and end at **Genoa Park** (303 West Broad Street) and traverse in part, along the scenic Scioto-mile bike path.

Cost:

To participate, runners and walkers can register on-line through Speedy Sneakers, or the web site in this brochure. Early registration (prior to April 3) is \$30 per person, with a \$10 discount for students and groups. Late registrations and day of registrations are \$35 with a \$10 discount for students.

Kiwanis Club of Columbus

Kiwanis is a global organization of member-volunteers working to change the world, one child and one community at a time. Kiwanis members dedicate more than six million volunteer-hours and invest more than \$100 million annually in projects that strengthen communities and serve children. We help shelter the homeless, feed the hungry, mentor the disadvantaged and care for the sick. We develop youth as leaders, build playgrounds, raise funds for pediatric research and much more. We believe that helping a child helps the world.

The Kiwanis Club of Columbus was founded in 1916 and is the fifth oldest Kiwanis club in the world and one of the largest in Ohio. Through our fundraising efforts and our extensive scholarship and grant programs, more than \$75,000 is placed into the local community each year.



Infant mortality can be significantly reduced through education. Our Columbus International 5K will encourage 'at-risk' women with pre- or just-born babies to participate in the run/walk (strollers are welcome) and to visit a variety of information booths to learn about child health, nutrition, care and support.



www.columbuskiwanis.org

Fifth Annual
Columbus
International 5K
Racing to reduce **infant mortality**



April 16, 2016
3:30 p.m. to 7 p.m.
(race at 5 p.m.)

Genoa Park
(303 West Broad Street)

Racer
Registration

A fundraising and educational event to help reduce infant mortality in central Ohio.

Conducted by
Kiwanis Club of Columbus

Register online at:

www.columbusinternational5k.com

or

Fill out the form below, attach your check for the registration fee and mail to:

Columbus Kiwanis Foundation
P.O. Box 20334
Columbus, OH 43220-0334



Endorsed by
Columbus International
Program

Your check should be made out to
Columbus Kiwanis Foundation,
a 501 (c) 3 tax deductible organization.



Registration fees:

Early registration (prior to 03/27/16)

- \$30 per person (standard)
- \$25 per person (group)
- \$20 per person (student)
- \$10 per child (kids race - under age 8)

Late registration: (after 03/27/16)

- \$35 per person (standard)
- \$30 per person (group)
- \$25 per person (student)
- \$10 per child (kids race - under age 8)

Day of race registration: (4/16/16)

- \$40 per person (standard)
- \$35 per person (group)
- \$30 per person (student)
- \$10 per child (kids race - under age 8)

For additional information contact:

Paul Bohlman at
office@columbuskiwanis.org

*Why not register today,
and ask several friends to
race with you?*

Race Website:

www.columbusinternational5k.com



Registration

Run Walk



First Name: _____ Last Name: _____

Gender: F or M (circle one) Date of Birth: ___/___/____ Promo code: _____

Email Address Telephone Number

Street Address: _____

City: _____ State: _____ ZIP: _____

Student (school): _____ Group/Company: _____

Shirt Size
XS S M L XL XXL (circle one) Your Nationality : _____

Please review the following waiver and disclaimer. By adding your signature, you accept this waiver and disclaimer. Waiver and Release: By participating in this Event (Columbus International 5k on Saturday April 16, 2016), I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all Event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the Event without compensation.

Signature Date

Parent/Guardian Signature (if entrant is under 18 years old) Date