

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

"Kiwanis Club of Columbus is a Club that cares about the children. Children are our focus."

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

June 24, 2013



ELIZABETH LESSNER

Owner and Co-founder
Columbus Food League



Elizabeth Lessner is the owner and co-founder of the Columbus Food League, which includes Betty's Fine Food and Spirits (680 North High Street); The Surly Girl Saloon (1126 North High Street); Tip Top Kitchen and Cocktails (73 East Gay Street); Dirty Frank's Hot Dog Palace (248 South Fourth Street); The Jury Room (22 East Mound Street) and Grass Skirt Tiki Room (105 North Grant Avenue). Her restaurants have received local, regional and national attention for their green initiatives and creative food.

She is also co-owner and vice president of Eartha Limited, a restaurant recycling and hauling company specializing in greening Central Ohio restaurants. Ms. Lessner is a social entrepreneur actively engaged in green initiatives, downtown development and community affairs. She serves on the board and is past president of the Central Ohio Restaurant Association. Responsible small business, community building, mentoring and social entrepreneurship are all passions of Ms. Lessner's.

This summer, she is opening two restaurants on West Broad Street in Columbus, a second Dirty Frank's Hot Dogs location in Westgate and the Franklinton Tap Room, in Columbus's oldest neighborhood.

We hope you can join us for her presentation. We live in and around a city that is well known for its many fine restaurants, and Ms. Lessner has been very successful navigating through this very difficult business. She will be able to offer some very interesting insights.

Today's Meeting

- Greeters:** **Tiffany Crosby** - Petra Learning LLC
Dick Tice - Richard C. Tice, CLU Co.
- Invocation:** **Jim Skidmore** - Retired, Ohio Department of Job and Family Services
- Committee meetings:** Young Children Priority One, ELIMINATE, Inter-Club
- Menu:** **House salad, house-made sausage with red beans and rice.**

This week at a Glance

Birthdays:

Wow, no one in our Club is celebrating a birthday this week! Therefore, due to a very obscure by-law, we must each contribute to the 1916 Society a dollar amount (*one dollar per year*) equal to our actual age. ☺

Wednesday – 06/26/1870 – The Christian holiday of Christmas was declared a Federal holiday in the United States.

Friday – 06/28/1894 - Labor Day became an official U.S. holiday.

Focus on Kiwanis

Connecting is easier than you think ...

Do you know J.P. LaFramboise? If you're into networking, chances are you either already know J.P. or will soon know him. J.P. is no newbie to networking. Whether it is part of Columbus Young Professional Group, the New Albany Chamber of Commerce or Kiwanis, J.P. makes it a point to build his network. But it's not just for the sake of building business. J.P. also recognizes that networks open the door to opportunities and help to solve complex societal problems.



J.P. began to appreciate the importance of volunteering during his studies at OSU. This volunteering led to his first job, and that first job has led to his increasing level of involvement in the community. His involvement in the community has sensitized him to the plight of homelessness. Over time, he's come to recognize that homelessness tends to stem from other issues, such as child abuse, mental illness, drug and alcohol addictions and education. This myriad of issues makes it difficult for an individual to tackle homelessness without assistance and focused help. Understanding this complexity and the need for active volunteer-based organizations is what inspired J.P. to join our Kiwanis family. Of course, the introduction to Kiwanis came through networking. J.P. had known **Dan McCormick** for several years before running into him at a Health Marketing Networking event. The rest is, as they say, history.

So what might you find on the bookshelf of a networking connoisseur who still believes in the value of the face-to-face connection versus cold-calling, mass mailing or social media, and makes a living in the financial services realm? *King of the Club: Richard Grasso* and the *Survival of the New York Stock Exchange* by Charles Gasparino and *The Prize: the Epic Quest for Oil, Money, and Power* by Daniel Yergin.

And what does a licensed investment advisor studying for his CLU do to relax and unwind? All the things that J.P. believes each of us should do – start a garden (fruits, vegetables, herbs), exercise (running, swimming, and cycling) and focus on God's will. Stop praying for people, places, and things and start praying for God's will; surrender your will, and of course, mentor others. Mentors guided him; mentors prompted greater awareness of who he is and what is important in life. Now, it's his turn to pour into the lives of others and to help new members do the same, as he connects them with their passions through his involvement in the New Member Induction Committee.

Scholarships awarded ...

For the past 24 years, Kiwanis Club of Columbus, under the auspices of the Columbus Kiwanis Foundation and a number of very generous members, has offered scholarships to Columbus Public School students. From its inception, these awards have recognized academic achievement, service to school and community and leadership in school and related activities. It is our hope that these awards will encourage students who follow to strive for excellence in both school and community activities. This year's recipients are:

Antrim Award – **Ama D. Asamoah** – Mifflin High School – She will receive \$8,000 (*over 4 years, pending grades*) and will be studying microbiology at either Ohio State or Miami University.

Ken & Mary Keller Award – **Makalyla Tutt** – Franklin Heights High School – She will receive \$1,500 and will study forensic science at Tiffin University or Ohio State.

Speaker's Award – **Keith Bender, Jr.** – Columbus Downtown High School – He will receive \$1,500 to study computer engineering at either Bowling Green State University or University of Kentucky.

Paul Lewis Award – **Esther Harrison** – Centennial High School – She will receive \$1,500 to study physical therapy at Kent State University.

Service Leadership Award #1 – **Taijuan Moorman** – East High School – He will receive \$1,500 to study journalism at Ohio University.

Service Leadership Award #2 – **Samantha Plewes** – Columbus Alternative High School – She will receive \$1,500 to study psychology at Capital University.

Circle K Award – **Bobbi Wilson** – Capital University – She will receive \$1,500 to continue her education at Capital.

These awards, plus the three previous-year recipients of the multi-year Antrim Award, total \$17,000. We wish all of our recipients the best of luck as they pursue their degrees of choice.

Kiwanis Night at the Clippers ...



The annual Kiwanis Night at the Clippers is scheduled for Wednesday, July 31, against the Buffalo Bisons. Game time is 7:05 p.m. Adult reserved seats are \$10 and the Family General Admission Pack (2 adults and 4 youth age 18 & under) are \$15. Reservations and money must be in to Secretary **Paul Bohlman** by Friday, July 19.

Dads, kids bonded by music to take stage for Father's Day

By Ken Gordon *THE COLUMBUS DISPATCH* - 06/13/2013 pg. F9

There is nothing in the world that Ray and Molly Pauken would rather be doing on Sunday than playing music together. On Father's Day, father and daughter will team up for a 75-minute set at the Creekside Blues & Jazz Festival in Gahanna — one of five father-child acts scheduled to perform on Sunday at the event.

Ray, 78, and Molly, 46, are lifelong musicians. They have sat in on each other's groups through the years, but they treasure having the stage to themselves again on Father's Day - a year after they played Creekside together. "I will just be dripping with pride," said Ray, of Bexley. "When I picked up my dad's banjo in 1945, I never dreamed that, 68 years later, I would be playing with a very talented daughter."

Molly plays a variety of instruments — guitar, mandolin and ukulele, to name a few — in a number of different groups. Ray Pauken said he loves watching his daughter perform. "If she plays for three hours, she's got a smile on her face for three hours," he said. "She totally enjoys what she's doing." Molly Pauken knows from whom she inherited that trait.



Q- What does an octopus wear to keep warm?

A – A coat of arms.

Summer travel – points of interest . . .

With summer come plans for vacations and travel. There are so many choices that it is sometimes difficult to decide.

I have been in many places, but I've never been in *Cahoots*. Apparently, you can't go there alone. You have to be in Cahoots with someone. I have never been in *Cognito*. I hear no one recognizes you there. I have, however, been in *Sane*. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my friends, family and work. I live close, so it's a short drive.

I would like to go to *Conclusions*, but you have to jump, and I'm not too much on physical activity anymore. I have been in *Doubt*. That is a sad place to go, and I try not to visit there too often. I've been in *Flexible*, but only when it was very important to stand firm. Sometimes I'm in *Capable*, and I go there more often as I'm getting older. One of my favorite places to be is in *Suspense*! It really gets the adrenaline flowing and pumps up the old heart! At my age, I need all the stimuli I can get! And, sometimes I think I am in *Vincible*, but life shows me I am not. People keep telling me I'm in *Denial* but I'm positive I've never been there before! So far, I haven't been in *Continent*, but my travel agent says I'll be going soon.

Regatta mayhem ...

Don't delay ... now is the time to sign up for this year's Kiwanis Corporate Regatta. So far, we have entries from:

Abbingtion Assisted Living	Bill Gillam
Coast Guard Coasties	Dinsmore & Shohl
First Community Village	Friends of the Library
Johnson Investment Counsel	Lindsey Law Firm
Market Day	National Church Residences
Past Presidents Fraternity	Kathleen Roberts
Schoedinger Funeral Services	Spillman Company
Triad Inc.	UBS
White Castle	

It would be great to have your name, or your company's name, added to this list. The sooner you sign up, the sooner you can begin raising additional money via our new on-line donor program. The event is scheduled for August 19.

To sign up, please contact **Dave Keller, Alison Friend** or **Paul Bohlman**.

Dublin Frog Jump ...

Kiwanis Club of Dublin will host its annual array of amphibious athleticism, better known as "The Dublin Frog Jump," on Saturday, July 22 at Coffman Park (5200 Emerald Parkway) beginning at 10 a.m.



More than 1,000 young "frog jockeys" participate in several age divisions, with thousands of spectators cheering on their favorite frog. Competition includes multiple playoff rounds, followed by a championship final. There are loads of prizes to enhance the competition. It's an old-fashioned slice of Americana that's packed with photo opportunities, human interest and good, clean fun.

"Any fool can criticize, condemn and complain – and most fools do. But it takes character and self-control to be understanding and forgiving."

- Dale Carnegie

1916 Society: a means to honor ...

Often times, we find ourselves looking for a unique way of honoring someone ... perhaps a close friend or family member who has passed away, a son or daughter who has received a nice job promotion, a friend who has had a child or someone you just want to recognize.

The 1916 Society is a vehicle by which you can make a tax-deductible gift to honor someone.

The honoree (or their family) will be notified that a gift has been made in their name (you need to provide the contact information) to the 1916 Society of the Columbus Kiwanis Foundation.



All gifts received in this manner will be recorded and counted toward your initial \$1,000 Society pledge or toward your next recognized giving level.

The savvy investor ...

For all of you smart investors with any money left, here are some inside tips of upcoming mergers you may want to consider getting in on early ...

1. Hale Business Systems, Mary Kay Cosmetics, Fuller Brush, and W. R. Grace Company will merge and become Hale, Mary, Fuller, Grace.
2. Polygram Records, Warner Bros., and Zesta Crackers join forces and become Poly, Warner Cracker.
3. 3M will merge with Goodyear and become MMMGood.
4. Zippo Manufacturing, Audi Motors, Dofasco, and Dakota Mining will merge and become ZipAudiDoDa.
5. FedEx is expected to join its competitor, UPS, and become FedUP.
6. Fairchild Electronics and Honeywell Computers will become Fairwell Honeychild.
7. Grey Poupon and Docker Pants are expected to become PouponPants.
8. Knotts Berry Farm and the National Organization of Women will become Knott NOW!
9. John Deere will merge with Abitibi-Price to form Deere Abi.

And finally...

10. Honeywell, Imasco and Home Oil will merge to form Honey, I'm home.



Q - Where did Noah keep the bees?

A - In the Ark hives.

Next week's meeting

(July 1, 2013)

Speaker: Joe Blundo – *Columbus Dispatch*

Greeters: Mark Poeppelman

The Columbus International Program

Dan Lacey

Clark, Schaefer, Hackett & Co.

Invocation: Dick Tice

Richard C. Tice, CLU Co.

Committees: Behavioral Health & Wellness,
Golf, Scholarship

Menu: Wedge salad, chicken parmesan with
fettuccine

Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

Phone: 614-245-8617

e-mail: office@columbuskiwanis.org

website: www.columbuskiwanis.org

CLUB OFFICERS

Lisa Jolley	President
Jamie Richardson	Past President
Kathleen Roberts	President-Elect
Jim Skidmore	Vice President
Nick Tomashot	Treasurer
Paul Bohlman	Secretary/Editor

CLUB TRUSTEES

<u>2013</u>	<u>2014</u>
Tom Hayden	David Brainin
Kathleen Roberts	Stephanie Harris
Mareion Royster	Mark Poeppelman
David Timmons	Jim Skidmore
Joyce Waters	Cindy Sturni

Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

FOUNDATION OFFICERS

Alan Weiler	President
Scott Lindsey	Vice President
Jim Bechtel	Treasurer
Paul Bohlman	Secretary

FOUNDATION TRUSTEES

Lisa Jolley	Jim Skidmore
Kathleen Roberts	Mark Swepston
George Ruff	Sam Vogel

Aspire to inspire before you expire.