

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

"Kiwanis Club of Columbus is a Club that cares about the children. Children are our focus."

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215



June 10, 2013

TRACY J. PLOUCK

Director, Ohio Department of Mental Health



Tracy Plouck has been director of the Ohio Department of Mental Health since January 2011. She brings a strong policy background to her role, having served twice as Ohio's State Medicaid Director and also as a deputy director with the Ohio Department of Developmental Disabilities. Additionally, Tracy has significant state budgeting experience, having served eight years with the Ohio Office of Budget and Management, most recently as deputy director for budget.

The Ohio Department of Mental Health (ODMH) works to assure access to quality mental health services for Ohioans at all levels of need and life stages. It is estimated that nearly two million Ohioans will need mental health services during their lives, for problems ranging from situational stress to severe and chronic mental illness. During 2010, Ohio's public mental health system provided care to approximately 360,000 people, including more than 120,000 children and 11,000 people above age 65. Nearly 6,800 adults received treatment in our regional psychiatric hospital system. These large numbers represent only those receiving direct services, and do not include the thousands of Ohioans who benefit from prevention, education and outreach. Investments in treatment for mental illness and supports for recovery are cost-effective. Treatment outcomes for severe mental illnesses, including schizophrenia, bipolar disorder or major depression, are equal to or better than those achieved in physical health. People can recover and live long, fulfilling lives despite the presence of an illness. This is not only possible, but should be our expectation.

Unfortunately, many people who need care still do not get it. Barriers include poor detection of mental illnesses by general health practitioners, inability to pay, reluctance to seek care due to stigmatization or the belief that effective treatments do not exist. The economic impact of not treating mental illness is great, costing the state's businesses, communities and families through lost productivity, homelessness, suicide and increased medical care. Mental health care is unique, in that

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### Today's Meeting

**Greeters: Tom Christman**

The Ohio Exterminating Company

**Stephanie Harris**

Ohio State Legal Services Association

**Invocation: Bill Newman**

Lucas, Prendergast, Albright, Gibson, Newman

**Committee meetings:** International Relations, Homeless, Youth Opportunity

**Menu: Wedge salad, coriander rubbed pork loin with bourbon peach compote**

### This week at a Glance

**Birthdays:**

6/14 – Fil Line



**Tuesday – 06/11/ 1963** – John F. Kennedy addressed Americans from the Oval Office proposing the Civil Rights Act of 1961 that would revolutionize American society - Proposing equal access to public facilities, ending segregation in education and guaranteeing federal protection for voting rights.

**Thursday – 06/13/1970** - "The Long and Winding Road" became the Beatles' last U.S. number one song.

## Focus on Kiwanis

### Financial goals on target ...

Two years ago, Kiwanis Club of Columbus embarked upon an ambitious journey to build the corpus of our Columbus Kiwanis Foundation to one million dollars, while simultaneously raising an incremental \$100,000 to be awarded in large grants in celebration of our centennial year of 2016. In total, we needed to grow by approximately \$250,000.

Not along after the Club and Foundation boards approved this strategic initiative, Kiwanis International announced the ELIMINATE Project to eradicate maternal and neonatal tetanus from 33 countries. Their goal was to raise \$110 million by 2015 and we, by virtue of a vote by our Club Trustees, agreed to be a model Club, making a commitment to raise \$130,000. This gave us the distinction of being one of the first Clubs to make this commitment and one of the first to pledge more than \$100,000. Yet, it was not enough. We know that Kiwanis Club of Columbus is a leader, so we set an internal goal of raising a total of \$250,000 for this outstanding project.

Ambitious, yes, but through the hard work of many and the generosity of even more, we have made significant headway toward the accomplishment of both objectives.

Key to the Columbus Kiwanis Foundation's success has been the increased promotion and support of the 1916 Society. This Society was founded by **George R. Manser**, through an initial matching gift, and has grown significantly over the past two years. Anyone can become a member of the 1916 Society by making a \$1,000 pledge and meeting that pledge over a four-year period. Additional gifts accumulate toward attaining various recognition levels. A complete list of 1916 Society members can be found on our website.

The ELIMINATE Project has benefitted from the Kiwanis International Hixson Fellow and Zeller Fellow recognition programs. Each of these requires significant donations to the Kiwanis International Foundation (*\$1,000 for a Hixson and \$1,250 for a Zeller*). In addition to individual gifts, our Club has implemented several fundraisers to support the project, including our Columbus International 5K and our photo sessions at the ACC. We are pleased to report that we have met our \$130,000 commitment as a Model Club, and we are now working on achieving the \$250,000 self-imposed goal.

We still have a long way to go and thankfully, we still have several years. However, time is of the essence. We hope you will consider gifts to Kiwanis as part of your overall philanthropic plan. All gifts to the Columbus Kiwanis Foundation and to the Kiwanis International Foundation are tax deductible to the fullest extent of the law.

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state and local governments finance and manage a distinct health care system for people with mental health disorders. This public system serves as a safety net, providing for the uninsured, people of poverty and consumers who require more specialized care.

Tracy holds a master's degree in public administration from The Ohio State University and a bachelor's degree from Kent State University.

### Cold plate reminder ...

It is essentially summer, although not officially until June 21. However, in keeping with a long standing practice, and in appreciation of the summer heat, we have again moved from our weekly cold meal option being a chef's salad to being a fruit plate. We will continue to provide the fruit plate option through Labor Day.



### Trustees to meet ...

The June Trustee meeting of Kiwanis Club of Columbus will be held on Tuesday, June 18, at the *City Club*. The meeting will begin at 5:30 p.m., and will be followed by a 'bodacious' cookout.

The exclusive *City Club* is located on the shores of Hoover reservoir, just outside of Westerville. We will be hosted by past president Jay Schoedinger, dinner will be catered by Weiland Markets and we will savor the expert grilling of their outstanding steaks. Reservations are a must, since the meat must be pre-ordered and prepared for grilling. You will be billed after the fact for the meal and cocktails. Please R.S.V.P. to Secretary **Paul Bohlman** no later than noon on Friday, June 14.



While the Club trustees are required to be in attendance, all committee chairs are expected to attend, to provide progress reports. All members of the Club are welcome to attend, participate in discussions and gain insight into Club activities.

To fully understand how our Club operates, you need to attend Trustee meetings. This is where the decision-making occurs – which grant request to approve, discussions of operating policies and by-law changes in addition to general discussions on pertinent issues facing the Club. We hope you will be able to attend, participate and learn, even if you are not available to stay for dinner following the meeting.

## Little known golf 'facts' ...

- Confidence evaporates in the presence of fairway water.
- Bets lengthen putts and shorten drives.
- It takes considerable pressure to make a penalty stroke adhere to a scorecard.
- The statute of limitation on forgotten strokes is two holes.
- It's not a 'gimme' if you're still away.
- The more your opponent quotes the rules, the greater the certainty that he cheats.
- Always limp with the same leg for the whole round.
- The rake is always in the other trap.
- Nothing straightens out a nasty slice quicker than a sharp dogleg to the right.
- The ball always lands where the pin was yesterday.
- It always takes at least five holes to notice that a club is missing.
- Every time a golfer makes a birdie, he must subsequently make two triple bogeys to restore the fundamental equilibrium of the universe.
- If you seem to be hitting your shots straight on the driving range, it's probably because you are not aiming at anything.
- You can hit a 2-acre fairway 10 percent of the time and a inch branch 90 percent of the time.
- No matter how far its shaft extends, a ball retriever is always a foot short to reach the ball.
- Your straightest iron shot of the day will be exactly one club short.

## Periodic collection ...

Several times throughout the year, we make it a point to collect donations from those attending lunch for a special gift that will be made to our weekly wait staff at during the holiday season.

Each week we arrive at a well-prepared room and we receive excellent service, as meals are delivered and plates are cleared with minimal disruption of committee meetings and discussions.

While a portion of the price we pay for lunch goes to the wait staff, it is distributed to all ACC wait staff and does not go specifically to those who work with us. This collection however, will go directly to thank those who wait on us.

We will have envelopes at each table to receive your generous donations.

## Golf committee in full swing ...

It's June, so it is not surprising that the Golf Committee is in full swing, planning regular outings for those looking for a relaxing mid-week get-away on various central Ohio golf courses.

The next regularly scheduled outing is for Wednesday, June 12, at The Ohio State University Scarlet Course, with tee times at 12:30 and 12:42 p.m. This is an outstanding course that has been the home of many golf tournaments, and one you will want to have on your "Oh, I've played there" list.

If you are interested in playing, please contact Tom Christman ([tchristman@ohioexterminating.com](mailto:tchristman@ohioexterminating.com)) or Mike Becker ([mbecker@beckerlilly.com](mailto:mbecker@beckerlilly.com)) for additional details and to reserve a spot in one of the foursomes.

## Plan ahead ...

Don't miss out on great Kiwanis activities because you scheduled some other activity or planned a trip without realizing there might be a conflict! Mark your calendar now for these critical dates:

1- August 19, 2013 – 11:30 a.m. to 1 p.m. – **Columbus Corporate Regatta** at the Columbus Metropolitan Library on South Grant Street. This is one of our major fundraisers, and there will be several ways that you, your family, your company and your friends can participate and support this fun event. Watch the newsletter and the Website, and also listen to meeting announcements to learn more details.



2- September 16, 2013 – 9 a.m. to noon and 6 p.m. to 8 p.m. – The 34<sup>th</sup> annual **Columbus Kiwanis College Fair** at Veterans Memorial Hall. We again expect more than 170 colleges and universities to be represented and for more than 3,500 high students to attend. We will need the help of numerous volunteers to help with crowd control and distribution of welcome bags.



3- Saturday, May 17, 2014 – 6 p.m. to 10 p.m. – The annual **Kiwanis Charity Auction** will be held next spring at the wonderful Brookside Country Club. Yes, we already have next year's venue set, a tribute to the Auction Committee for working in advance to negotiate good rates and an outstanding venue. It is never too early to get this event on your calendar and to start talking to friends who may wish to join us for a wonderful evening of bidding on both live and silent auction items. Please share this date with those you think may be interested.



## Committee membership ...

The size of our Club affords us the opportunity to support a number of committees which help identify and meet community needs, help our Club run smoothly, keep us connected and informed and facilitate events that help fund our many endeavors. Each committee has a chair or co-chair and each committee relies on its members to generate ideas, make contacts, do follow-up work and generally make things happen.

Being a good committee member is more than showing up for meetings ... it is about expressing your opinions, assuming and completing assignments, communicating results and working behind the scenes. Active committee members reap the rewards of leadership development, improved organizational skills, heightened communication skills, networking, insight and knowledge. It is actually one of the take-away advantages of Kiwanis: Becoming a more well-rounded individual, confident in one's ability and experienced in project/event management. Are you a good committee member? Are you attending meetings, contributing ideas and opinions, accepting responsibility and following through? Get involved and make the most of your Kiwanis experience.

## Upcoming program speakers ...

Week in and week out, the Program Committee, co-chaired by Fil Line and Char Collister, continue to identify and recruit top-notch speakers to provide us with up-to-date insight regarding a wide-variety of interesting topics. Knowing who is speaking can be a tremendous asset in knowing who to invite to a particular meeting because it gives you a reason to be asking, especially if you know of someone's interests and passions.

Here is a list of scheduled speakers for the next few weeks:

- June 17** – Tom Stalf – Columbus Zoo
- June 24** – Elizabeth Lessner - Restaurateur
- July 1** – Joe Blundo - Columbus Dispatch
- July 8** – Kenny McDonald – Columbus 2020

And be sure to mark your calendar for **July 22**, when we will be hosting a joint meeting with Columbus Rotary! Our speaker that day will be John Mesberg from IBM. He will be speaking about the new facilities being opened in Dublin that will help companies mine data for profitable purposes.

## Regatta preparedness – understanding nautical terms ...

**Under the Weather** - If a crewman is standing watch on the weather side of the bow, he will be subject to the constant beating of the sea and the ocean spray. He will be 'under the weather.'

*The only time the world beats a path to your door is when you're in the bathroom.*

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When I'm finally holding all the cards, why does everyone want to play chess?

Next week's meeting

(June 17, 2013)

Speaker: Tom Stalf - Columbus Zoo

Greeters: Jerry Kuyoth

National Church Residence Healthcare

Jim Skidmore – Retired,

Ohio Department of Job and Family Services

Invocation: Susan Black

Allene Professional Fundraising

Committees: None scheduled

Menu: Caesar Salad, seared salmon with toasted couscous and lemon vinaigrette

Kiwanis Club of Columbus

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Columbus Kiwanis Foundation

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