

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

“Great yesterday, better today, better still tomorrow!”

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

March 26, 2012



Dr. Patricia Temple Gabbe

Ohio Better Birth Outcomes



In July 2008, Dr. Patricia Temple Gabbe returned to Ohio State to become Clinical Professor of Pediatrics and Physician, at Nationwide Children’s Hospital and The Center for Child and Family Advocacy. She also serves as Senior Medical Director Advisor, The Ohio State University Health Plans. She retains her Adjunct appointment as Clinical Professor of Pediatrics at Vanderbilt College of Medicine and Nursing.

Dr. Gabbe attended Mills College in California. Her post-graduate education includes a Medical Doctorate and Masters of Science from Oregon Health Sciences University, in Portland, Oregon. She completed her Pediatric Residency at Boston University-Boston City Hospital and has a Masters of Public Health from Harvard University.

She has 15 years of experience as a Medical Director, including both Medicaid and Academic Health Plans, from 1986 to 2001 in Philadelphia, at Ohio State and at the University of Washington, Seattle. She is the co-principal investigator of a \$2.48 million grant from BlueCross BlueShield of Tennessee to reduce premature births and disparity in Middle Tennessee. For seven years, she was the medical advisor for the community charity, Nurses for Newborns of Tennessee. For more than 35 years, she has taught and practiced pediatrics.

Currently, at Nationwide Children’s, she is a team leader of the Ohio Better Birth Outcomes project, a past member of the Governor’s Task force on Infant Mortality and member of the Ohio Collaborative to Prevent Infant Mortality. In July, 2010, she received grant support from Ohio State to begin a neighborhood cooking and nutrition project, “Moms 2B,” for pregnant women living in the Weinland Park area. In 2011, another site was added on the near eastside of Columbus. Both areas have high infant mortality and premature birth rates. Dr. Gabbe hopes to help women have healthier pregnancies and healthy babies through this initiative.

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Today’s Meeting

- Greeters:** **Michael Ranney**
Ohio Psychological Association
Linda Kay
WesBanco Trust & Investment Services
- Invocation:** **Kristin Gintz** - WesBanco Bank
- Committee meetings:** Young Children Priority One,
Homeless
- Menu:** **House salad, grilled chicken, pineapple salsa**
- Check Presentation** – Brain Injury Association

This week at a Glance

- Birthdays:**
03/28 – **Fred Miller II**
03/29 – **Dick Tice**
03/31 – **Robert Smith**



Tuesday – 03/27/1794 – The United States government established a permanent navy and authorized the building of six frigates.

Thursday – 03/29/1886 - Dr. John Pemberton brewed the first batch of Coca Cola in a backyard in Atlanta, Georgia.

President's Corner



There are lots of great quotes about goal setting. One of my favorites is from the Renaissance artist Michelangelo, who said, "The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we hit it."

Believe it or not, we are already half way through our Kiwanis year – and I must say from a personal perspective, this has given all new meaning to the age-old truth, "Time flies when you're having fun." There has been a real accelerator at play as we continue to see the tremendous impact our many club members are having on the lives of others.

Given that we're at the half-way point, I also thought it would be worthwhile to share a progress report on the big goals we've set for the Club this year. Here's my candid assessment on where we're hitting the mark, and where we can continue to build on our solid record of accomplishment.

10% Increase in Service Hours – Impact in Community

For the year, we are hoping to collectively dedicate 717 hours or more to our many service project opportunities. Special thanks go to Club Vice President Kathleen Roberts, who has taken the lead on supporting and encouraging these tremendous efforts. From reading to the Boys and Girls Club, to "Bethlehem on Broad," to St. Patrick's Day parties for local seniors, we've covered a great range, and had many Club members join in. Our Kiwanis "One Day" is fast approaching on April 21, and we're hoping to see a great turnout as we volunteer our hands and hearts to support the Boys and Girls Club chapter in downtown Columbus on South Gift Street. To date, we've logged 625 hours towards our goal of 717, which means we're 87 percent of the way there.

10% Increase in Membership - We have set a big goal for the Club this year for membership with hopes of reaching 40 new members. So far this year, we have welcomed 10 new extraordinary members and we know there's a solid list of many other prospects who are currently considering joining. This is perhaps the toughest challenge any service club faces, but the efforts and energy of Joyce Waters and her membership committee team are bringing creativity and thoughtfulness to our approach that will have a lasting impact beyond even this year's efforts. This is perhaps the area where each of us might be able to help the most by simply considering our many friends and colleagues who might benefit if given the chance to be part of our Club – and then inviting these individuals to drop by some Monday soon to experience all we do, first-hand.

We're not "technically" "on-track" to get to 40 new members, but we're not throwing in the towel. The months of April, May and June represent a great time to grow. It's up to all of us to make it happen.

10% Increase in Fundraising Revenues - We've made important progress in considering how our Club can bring our strategic plan to life – including striking a balance between our goals for 2016 and how we can best support the ELIMINATE initiative. (*We'll have more to share in the weeks ahead regarding this important topic.*) In addition, Cyndi Sturni and Stephanie Harris are doing an excellent job leading our Auction committee efforts – for an event the evening of May 19 that promises to be fun and exciting. In addition, the creative distinction of our Regatta event provides a solid foundation to engage our community and generate revenue at the same time we're soaking in the sun and the occasional errant water burst. To achieve our goal, the net proceeds from the Auction and Regatta need to exceed \$65,000, and I believe we will do just that.

So there's a quick reminder of our own "triple double" marks of distinction we hope to achieve. Most important of all, I'd like to express my ongoing appreciation for all that each of you do to make our Club a destination for leaders and a beacon of hope for our community. I have no doubt that when we reach the end of this Kiwanis year, we will be able to say it truly has been a year of discovering much about ourselves and that the Kiwanis Club of Columbus is "Great Yesterday, Better Today and Better Still Tomorrow."

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She is married to Dr. Steven G. Gabbe, and together they raised four children and have one grandson and one granddaughter.

Joining Dr. Gabbe will be Tanikka C. Price, Esq., Community Advocate at Moms 2 B. She is also a practicing attorney, specializing in Domestic Law, and a Professor in Paralegal Studies at Columbus State Community College. Tannika does motivational speaking, specifically targeting young women who have survived physical and sexual abuse. In addition to being a budding author and blog writer, she also performs Gospel rap and 'Spoken Word.' Ms. Price is most alive when inspiring others to reach their full potential. In the future, she would like to explore the link between Health Care disparity and childhood trauma. As the mother of twins born at 2.3 pounds, she has a personal investment in assuring that babies are born full-term and that they make it to their first birth day.

Summer is coming and so are high water bills . . .

We are blessed with substantial amounts of rainfall in Ohio, and at times we take for granted the ability to turn the tap for all the water we want, when we want it. Only when the water bill comes do we complain, and then usually not for long.

Here are some easy steps to take that will not only help save this precious resource, but also save you money this coming summer.

- 1- **Stop leaking water.** Water leaks frequently top 10,000 gallons per year per house. Toilets are large leakers, as the tank slowly leaks into the bowl causing the toilet to constantly refill. Place a few drops of food coloring into the tank and see if any of the color leaks into the bowl. If it does, it is leaking and wasting water.
- 2- **Use water efficiently.** Low flow with vigorous action works as well as high flow. The best shower heads mix in air to invigorate, while using less water. Hand washing with low flow requires less soap and less water.
- 3- **Double use water.** It is often possible to capture water as it is being used and use it a second time. For example, washing your car parked on the lawn allows you to water the lawn after rinsing the car. Also water plants early in the morning or before dawn to minimize evaporation, mildew and fungus.
- 4- **Stop paying for sewerage fees** when not putting water down the drain. The largest part of your water bill in central Ohio is the sewer fee. The city calculates the amount of sewage generated by assuming all water metered at your house goes down the drain. If you use a significant amount of water for watering plants or filling a swimming pool, consider a sub-meter that measures this water not flushed down the drain. Your bill will then be calculated on only the water delivered for the non-flushed portion of your water service.

~~~ *Scott Doellinger*

*Retirement is wonderful. It's doing nothing without worrying about getting caught at it.*

## Kiwanis One Day plans are set ...

It's a day when Kiwanis Clubs around the world will be engaging in local community service projects, highlighting the extent of our international impact.

Our Club, along with members of the Capital University Circle K Club, will be taking on a number of much-needed projects at the 115 South Gift Street location of the Boys and Girls Club – Columbus. The day's weather will determine if we will be tackling indoor or outdoor projects, but if it cooperates and we have sufficient numbers, we may be able to tackle both.

The date is Saturday, April 21 from 9 a.m. to 2 p.m. Lunch will be provided, courtesy of White Castle. This will be a great day to see Kiwanis in action, so feel free to bring a guest or other members of your family. The more hands we have helping, the more we will get done and the more fun everyone will have.

To sign up, please contact President-elect Lisa Jolley ([Jolleykiwanis@gmail.com](mailto:Jolleykiwanis@gmail.com)) or Vice President Kathleen Roberts ([robe369@sbcglobal.net](mailto:robe369@sbcglobal.net)).

**I started out with nothing and  
I still have most of it left!**

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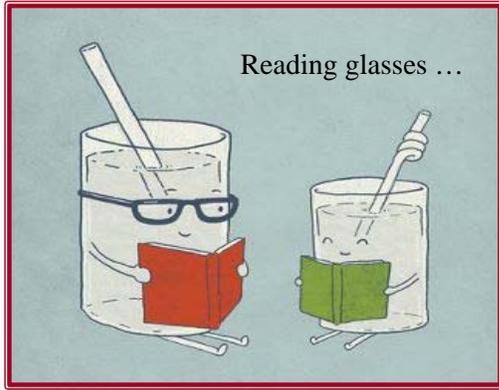
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*Have you outgrown your estate plan?  
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## International Relations Committee presents check ...

Our Club's International Relations Committee presented a \$300 check to the Columbus International High School. The funds will be put toward their Capstone Project. Accepting the check on behalf of the school were principal Ameer Kim El-Mallawany and sophomore student leaders Alha Freeman and Safiya Adan. Included in the photo are Mark Peoppelman, chair of the Internationals Relations Committee along, with committee members Ohmer Crowell and Phil Beltz.





## Upcoming Division 10-W events ...

It is important for members of the Kiwanis Club of Columbus to support the efforts of other Clubs within the area. Here are some of the upcoming events you should get on your calendar and plan to attend:

- Saturday, March 31 – Dublin Kiwanis Easter egg hunt and pancake breakfast
- Wednesday, April 11 – Division 10-W Council meeting in Washington Court House
- Saturday, April 21 – Kiwanis One Day

## 2012 Auction fast approaching ...

The 2012 Kiwanis Charity Auction is fast approaching and everyone should already have it on their calendars. It will be held on Saturday evening, May 19, at the Ohio Historical Center. This year's ticket prices have been significantly reduced in hopes of enticing every member to attend. The cost will be \$55 per person, with a \$5 per person discount if purchased prior to April 30. Tickets will include access to the exhibits housed in the Ohio Historical Society. Formal invitations will go out in early April to your home mailing address.

Now is the time to start planning to invite friends. If you have someone you would like us to invite, please provide us with their name and address. If you would like a small supply of invitations to hand-deliver to some special friends, please let us know how many you need. Remember, this is a public event and the more people we have in attendance, the more successful we will be.

This year's event will have a "Birthday Party" theme in recognition of Columbus' 200<sup>th</sup> birthday and our Club turning 96 years old. Dress for the event will be business casual (no jeans, please).

Also, if you have an item you would like to donate, or if you think we should be contacting someone you know about a donation, please tell us. The Auction Committee has already gathered many nice items, but we can always use more.

"Every day may not be good, but there's something good in every day."

-Author Unknown

## Next week's meeting

(April 2, 2012)

**Speaker: Marci Ingram** - Autism

**Greeters: Bob Wiseman**

Burkholder Flint Associates

**Cindy Sturni**

United Way of Central Ohio

**Invocation: Dave Timmons**

G W Timmons and Sons

**Committees:** Behavioral Health & Wellness,  
Scholarship

**Menu:** Grilled Salmon, orange fennel salsa

## Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

**Phone:** 614-245-8617

**e-mail:** office@columbuskiwanis.org

**website:** www.columbuskiwanis.org

### CLUB OFFICERS

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| Jamie Richardson | President        |
| Tim Barhorst     | Past President   |
| Lisa Jolley      | President-Elect  |
| Kathleen Roberts | Vice President   |
| Nick Tomashot    | Treasurer        |
| Paul Bohlman     | Secretary/Editor |

### CLUB TRUSTEES

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|----------------|------------------|
| <b>2012</b>    | <b>2013</b>      |
| Jack D'Aurora  | Tom Hayden       |
| Lisa Jolley    | Kathleen Roberts |
| Brian Seitz    | Mareion Royster  |
| Troy Terakedis | David Timmons    |
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## Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

### FOUNDATION OFFICERS

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| Alan Weiler    | Vice President |
| Jim Bechtel    | Treasurer      |
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### FOUNDATION TRUSTEES

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