

# The Bulletin

The Kiwanis Club of Columbus

“Building for our future.”



“Kiwanis is a global organization of volunteers dedicated to improving the world – one child and one community at a time.”

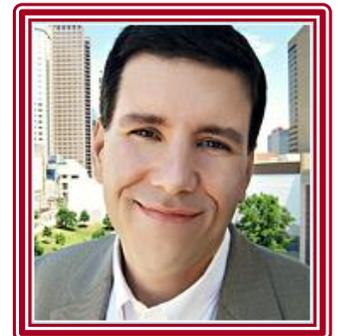
Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215



December 15, 2014

## DAVID NIVEN, Ph.D.

Author



David Niven, Ph.D., was in the basement of the library at Ohio State University looking across mountains of research reports that would never reach the people who most needed them. There was research on life satisfaction, relationships, prosperity, parenting, all manner of good things. But no regular person was ever going to come to the basement to read about how they could make their lives better. And if they did, they would find the reports filled with stuffy jargon produced by academics writing to impress other academics. Later that day, David launched a project to bring that research to people who could use it. Today, David is known internationally for translating powerful research findings into practical advice anyone can apply to their daily lives. Published in more than two dozen languages, David's books show that a more satisfying life can be had with small, sustainable changes in our actions and attitudes.

David is the author of the popular *100 Simple Secrets* series, which has been translated into 30 languages. As a psychologist and social scientist, his work makes the case that a more satisfying life can be had with small changes in our actions and attitudes. He has taught at Ohio State University and Florida Atlantic University.

“In a study of adult self-esteem, researchers found that people who are happy with themselves take defeat and explain it away, treating it as an isolated incident that indicates nothing about their ability. People who are unhappy take defeat and enlarge it, making it stand for who they are and using it to predict the outcome of future life events,” David says.

“Sometimes, days fly by without anything standing out in your mind, without any tangible improvement. Every day make sure, no matter how small the effort, that you do something to make your dreams come true.”

“In research on hundreds of college students, individuals were found to be happiest when they felt they were moving closer to achieving their goals,” he said.

### Today's Meeting

**Greeters:** **Bob Wiseman** - Burkholder Flint Associates  
**Kathleen Roberts** - Sweetbriar Group LLC

**Invocation:** **Joyce Waters** - Johnson Investment Counsel

**Committee meetings:** Orientation Attendance & Retention,  
Music & Arts, Membership

**Speaker Introduction:** **Jack D'Aurora**  
The Behal Law Group LLC

**Menu:** House salad, blackened chicken with smoked corn emulsion

### A Glance at this week

#### Birthdays:

12/17 – Michael Becker  
12/19 – Kathleen Roberts  
12/19 – Joyce Waters



**Tuesday, 12/16** – *It's a Wonderful Life: Live from WVL Radio Theatre* - 7:30 p.m. - 10 p.m. at Schoedinger Theatre, Columbus Academy - 4300 Cherry Bottom Road.

## 2015 Columbus Arts Festival ...

Based on the outstanding experience we had last year, Club Trustees have decided to commit the Club to working all three days of the 2015 Columbus Arts Festival. This is a major commitment and will require ‘**all hands on deck.**’ The three-day commitment will require us to fill a total of 75 three-hour shifts over the course of the Festival. With a Club our size, we should have no problem, especially when we welcome you to invite spouses, adult children and friends to work along with us.



This year's event is scheduled for Friday, Saturday and Sunday, June 12, 13 & 14. We will be assigned the same booth we had last year on Friday, a ‘pop & water’ only booth on Saturday and a different full-beverage booth on Sunday.

As in 2014, first-time volunteers will be required to participate in a 90-minute training session several weeks before the event. Please watch the newsletter and check the website for additional details as they become available. For now, please mark your calendars, talk to your spouse or significant other, and plan to work one or more shifts. We will need your help!

Proceeds from the beverage sales will benefit the Club and help us avoid the need for a dues increase.

*The length of a minute depends on which side of the bathroom door you are standing.*

## Support the wait staff ...

Periodically throughout the year, we have collected and set aside money to be presented during the holiday season to our hard-working and dedicated wait staff at the ACC. Each week, they have the room set up for us and ready to go, and then move effortlessly throughout the room, serving our meals without interrupting conversations and/or committee meetings.



While a very small gratuity amount is built into each week's lunch fee, that amount is shared with all ACC wait staff and does not go entirely to those who serve us.

To round off our collections to date, we will be placing envelopes on the table on both Monday, December 15, and December 22. There is no obligation to give; however, we hope the holiday spirit will move you in that direction.

All funds collected will be presented at the December 22 meeting.

## Columbus Kiwanis Foundation Trustees to meet ...

The trustees of the Columbus Kiwanis Foundation will meet on Monday, December 15, at 1:05 p.m., immediately following our regularly scheduled Club meeting at the Athletic Club of Columbus. The meeting is open to all members of the Club.

In addition to receiving reports regarding the current status of the Foundation's assets, we will receive the report of the nominating committee for next year's officers, discuss the status of the 2016 goal and explore other fundraising opportunities. The meeting should conclude before 1:30 p.m.

*I wonder how much jail time I would get if I actually did unto others as they have done unto me?*

## Join us for an evening out ...

Need a break from the hustle and bustle of the busy holiday season? Why not join us at the Schoedinger Theatre of Columbus Academy (4300 Cherry Bottom Road), on Tuesday evening, December 16, for a one-night-only special performance of *It's A Wonderful Life: Live From WVL Radio Theatre?* The professional cast includes Blythe Coons, daughter of past Club President and Ohio Kiwanis Governor **Ted Coons**.

Tickets can be purchased directly on line, with the option of having them mailed to you, printed electronically or picked up at ‘Will Call’ that evening. The link to the site can be found on our Club's Activity Calendar – just click December 16 to open it up. We hope you can join us and that we have a good representation from our Club.

## Inter-clubbers recognized ...

Inter-clubbing is the term used for attending the meeting or activity of another Kiwanis Club with a group of four or more members from our Club. The following individuals attended five or more inter-clubs during the 2013-14 administrative year:

**Paul Bohlman**  
**Scott Lindsey**  
**Ellwood Lewis**

**Kathleen Roberts**  
**Jim Skidmore**  
**Andy Sonderman**

An anonymous donor makes engraved Kiwanis name badges available to those members who attend at least five different inter-clubs during one administrative year and the above people will receive their recognition today.

## Giant Eagle gift cards ...

It could be the perfect gift ... the opportunity to allow the recipient to get what they want. It could be food, household supplies or a gift card to someplace else they would like to shop.

Giant Eagle gift cards can be the perfect gift for the person who delivers your mail, does your hair, writes your Kiwanis newsletter (*just kidding*), or provides any other service you feel is worthy of recognition. How about the office staff, the kids' teacher' and so forth?

Cards can be ordered in various denominations (starting at \$10), but we need a week's lead time. Checks should be made out to Kiwanis Club of Columbus.

And don't forget to purchase Giant Eagle gift cards to do your Christmas shopping. For example, if you know you are going to *Best Buy* to purchase some electronics, start by purchasing Giant Eagle gift cards, then go to Giant Eagle to purchase *Best Buy* gift cards and use them to purchase the item you were planning to get. Not only does the Club earn some money, you also earn additional gasoline perks for purchasing the *Best Buy* gift cards. It is definitely a win-win situation, and with today's economy, shopping smart is a necessity.



If you have questions or need to place an order, contact Secretary **Paul Bohlman**.

*You are free to choose, but you are not free from the consequences of your choice.*

## Membership vote needed ...

Club and Foundation Trustees will be meeting this week and next to determine whether or not they support the idea of our Club's committing to become a "Platinum Club," as defined by the Kiwanis International Foundation's (KIF) ELIMINATE project. If approved, the motion would come before our Club membership on December 22, for final approval.

Platinum Club level is a designation for those clubs who pledge to raise the equivalent of \$1,500 per member. Our initial goal was \$130,000 and this new commitment, based on our current membership, would be \$200,000. We are currently at \$153,000 and we would have five years to raise the remaining money. However, KIF will match 20 percent of our incremental commitment, leaving us with having to raise \$7,500 per year.

## Meeting Schedule ...



The holiday season is a time for family, travel and relaxation. It is a time to regroup and to get ready for the start of a new calendar year. Our year-end

Kiwanis meeting schedule will be as follows:

Monday, December 22 – Columbus Children's Choir –  
Holiday presentation

Monday, December 29 – **NO MEETING**

Monday, January 5 – Katie Sprague –  
Emotional intelligence

*Insomnia sharpens your math skills because you spend all night calculating 'how much sleep you'll get if you fall asleep right now.'*

## Perfect attendance ...

It is still very early in the 2014-15 Kiwanis administrative year, but it is never too early to talk about "perfect attendance." It does sound overwhelming ... the need to be someplace "all of the time." But fear not, the process of achieving perfect attendance is a simple one and can be readily achieved through systematic participation.



Here is how 'perfect attendance' is calculated: We meet for lunch on 48 of the 52 Mondays each year, taking off for Christmas, New Year's, Memorial Day and Labor Day. Depending on how other holidays fall, we may occasionally have another Monday where our meeting is postponed. So to earn 'perfect attendance,' one must accumulate at least 48 attendance credits.

That may still sound difficult, until you realize that you can earn attendance credits in multiple ways – attending a Monday meeting; attending a committee meeting or a Trustee meeting; attending a service project or social event; going on an inter-club or attending the meeting of another Club by yourself; attending a Division 10-W meeting; participating in the state convention or the international convention, etc. It is not uncommon for many of our members to earn more than a hundred attendance credits in the course of a year.

The key is to start now and be consistent. Make sure you attend at least one Kiwanis meeting, event or activity each week. Soon, it will become second nature and not only will you earn your perfect attendance tab, you will also gain greater insight into Kiwanis, build relationships, make friends and begin reaping the full benefit of your Kiwanis membership.

## Year-end giving ...



This is the time of the year when many of us make tax-deductible charitable contributions. There are many excellent organizations to choose from, but the one we hope you will consider is Kiwanis, since you are a member and have somewhat of a vested interest.

There are several ways you can contribute, so your first step is to ask a few questions. How much do I want to give? How do I want my contribution to be utilized? How do I want my contribution to be recognized?

1- You give at the local level (Columbus Kiwanis Foundation), the district level (Ohio District Foundation) or the international level (Kiwanis International Foundation).

2- Depending on the organization(s) you choose, your gift may make you eligible for 'recognition giving levels.' For example, at the local level, the 1916 Society within the Columbus Kiwanis Foundation provides recognition when your lifelong gifts hit the \$1,000, \$2,500, \$5,000 and \$10,000 levels. At the international level, a \$1,000 gift earmarked for the ELIMINATE Project will earn you a Hixson Fellowship, and a \$1,250 gift will earn you a Zeller Fellowship.

Regardless of the size of your gift, we hope you will consider supporting Kiwanis with your year-end giving. If you need additional information regarding how to make out the check, where to send it, how to make sure it gets credited in the manner you wish, etc., please contact Club and Foundation Secretary **Paul Bohlman**.

*A negative person sees the glass of water half empty.  
A positive person sees it half full.  
A realistic person adds two shots of bourbon along  
with two ice cubes, and says "cheers."*

## Advertise in the Bulletin ...

There are many benefits to being a member of Kiwanis Club of Columbus, and one of them is networking – building relationships over time, by interacting with people on a regular basis. That can lead to lasting friendships and to business opportunities, as well.

Networking begins by being involved: coming to meetings, participating in committees and supporting events and activities. It is the one-on-one conversations and the sharing of common experiences that allows you to get to truly know people.

Another vehicle, one that plays a supportive role in the networking process, is placing ads in our weekly Bulletin. This reminds members who you are, what you do, and how you may be of help to them. Why not place a business card ad today?

*The number one skill in life is not giving up.*

## Next week's meeting

(December 22, 2014)

**Program: Columbus Children's Choir**

**Greeters: Jim Shively**

Larry Phillips Photography

**Bill Calvert**

Merrill Lynch

**Invocation: Kathleen Roberts**

Sweetbriar Group LLC

**Committee Meetings:** Young Children Priority One

**Menu:** Wedge salad, herb-crusted pork loin with apple chutney

## Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

**Phone:** 614-738-0069

**e-mail:** office@columbuskiwanis.org

**website:** www.columbuskiwanis.org

### CLUB OFFICERS

Jim Skidmore	President
Kathleen Roberts	Past President
Jeff Rayis	President-Elect
Jack D'Aurora	Vice President
Pranab Bhattacharya	Treasurer
Paul Bohlman	Secretary/Editor

### CLUB TRUSTEES

<b>2015</b>	<b>2016</b>
Alice Hohl	Linda Kay
Candace Pllum	Jack D'Aurora
Jeff Rayis	Pranab Bhattacharya
Alison Friend	David Kandel
Andy White	J.P. LaFramboise

## Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

### FOUNDATION OFFICERS

Alan Weiler	President
Jim Bechtel	Vice President
Scott Lindsey	Treasurer
Paul Bohlman	Secretary

### FOUNDATION TRUSTEES

Jeff Rayis	Jim Skidmore
Jack D'Aurora	Mark Swebston
George Ruff	Sam Vogel