

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

“Great yesterday, better today, better still tomorrow!”

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

November 7, 2011



Dr. Clay Marsh

Center for Personalized Health Care



Clay Marsh, MD, is Executive Director of the Center for Personalized Health Care and Vice Dean and Senior Associate Vice President for Research at The Ohio State University College of Medicine. He is also Professor of Internal Medicine in the Division of Pulmonary, Allergy, Critical Care and Sleep Medicine, Department of Internal Medicine and is board certified in Pulmonary and Critical Care Medicine. He is the current director of the Center for Critical Care and Respiratory Medicine, one of six signature programs at OSU Medical Center, where he has implemented systems approaches to adherence to evidence-based guidelines to improve care delivery. He is cross-appointed in five basic science departments and graduate programs.

Dr. Marsh is focused on understanding the deep biology underlying human health and disease and has a 17 year history of consecutive funding from NIH and regularly serves on NIH study sections. He leads the efforts in personalized health care at OSU, where he and the senior leadership are leading the effort in transforming health care delivery, by creating pilot programs in wellness and chronic disease testing, disruptive solutions that result in lower cost and higher quality outcomes. Under his direction, OSU is a partner in the Coriell Institute's Personalized Medicine Collaborative and led OSU's efforts in partnering with the Institute for Systems Biology to form the P4 Medicine Institute. He has been listed in America's Best Doctors© for each of the past 8 years. Dr. Marsh has mentored more than 50 MD, MD/PHD and PhD doctoral students, post-doctoral researchers and junior faculty.

Dr. Marsh is a member of the board of directors for the Personalized Medicine Coalition and serves on the executive board of the Utah Personalized Medicine Summit. He is the former director of the scientific board and past Chair of the Board of Directors of the Stanley Sarnoff Foundation for Cardiovascular Medicine, he is on the National Advisory Board for the Pulmonary Bio-initiative for Lung Health and Disease with Battelle Memorial Institute and the Institute for Systems Biology

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### Today's Meeting

**Greeters:** **Kathleen Roberts**  
The Ohio Foundation of Independent Colleges  
**Joyce Bourgault**  
Helping Hands Health & Wellness Center

**Invocation:** **Joyce Bourgault**  
Helping Hands Health & Wellness Center

**Committee meetings:** Scholarship

**Menu:** **House salad, flank steak, chimichurri**

### This week at a Glance

**Birthdays:**  
11/10 – **Leslie Huntington**

**Wednesday - 11/09** – Manna Café – Broad Street United Methodist Church – 4 p.m. to 8 p.m.

**Wednesday** – 11/09 – Division 10-W Council meeting – Schmidt's Restaurant – 6:30 p.m.

**Thursday** – 11/10/1775 - The United States Marine Corps was founded at Tun Tavern in Philadelphia by Samuel Nicholas.

## President's Corner



Jamie Richardson

When I begin each day, stumbling down the hallway and through the kitchen, occasionally grimacing from the startling pain of a camouflaged Lego now imprinted on the bottom of my foot, my quest is simple. A cup of coffee. A jolt of caffeine. My morning is the prayer that the gift of today might be even better than the day before. Hope is hot, deep and fluid.

But for me, it's not just the coffee. It's the vessel I pour it into. It is granite-gray, with a thin lip made to sip and grooves like some handcrafted pottery wheel-inspired urn. It is less than aggressively manly. (Unlike the now retired, "My Greatest Liquid Asset" coffee mug my sister got me one year for Christmas.) No, this special cup that greets me each morning isn't very manly at all. It features a couple of hand painted flowers – thankfully not in pastels but in the red brick brown of cat tails and autumn. And it is one of two, perfectly matched. Both possess the mystical power to make coffee taste even better.

I imagine that's because, like some Walt Whitman ode to the stars, the learned astronomer analogy in this case has little to do with the physical properties of these two coffee mugs, and much more to do with the memories they conjure up. The cups were made in a ceramics class by my maternal grandmother, Eleanor Brillhart, and her cousin and best friend, Yvonne "Vonnie" Johnson some 35 years ago. You see, my grandma suffered from multiple sclerosis and was wheelchair bound. One of her greatest joys was having her own kiln in her garage where she could practice her own form of therapy – painting, crafting and firing green clay ceramic into different shapes and forms – from end table lamps to coin banks, or in this instance, coffee mugs.

While in college, I had the chance to live with my Grandma – commuting back and forth to campus. I'm certain the distance of days gone by exaggerates my memory, but it seems virtually every time I would come home from class, I'd smell freshly brewed coffee and hear the gentle laughter of Eleanor and Vonnie – sitting at the kitchen table – each with one hand intertwined on a slate gray mug covered with cat tails and autumn leaves. Sharing their joys and their sorrows – the little small things that make up a day, and the zeal for new adventures still burning brightly in their eyes – the funny and the serious – and the occasional gossip about Pastor Pete and visits to the Widow Norman that lingered beyond the acceptable, erupting in guilty giggles between sips.

Their friendship is perhaps the most enduring I've ever seen. They have both been gone some twenty plus years

now. I feel I spend a bit of time with both of them each morning, when I pour my first cup of coffee.

The fifth of our "Kiwanis International Permanent Objects" is "to provide through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities." In the spirit of perhaps the best examples I've encountered of such tremendous values, I raise my mug to my Grandma Eleanor and Vonnie Johnson.

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and is an elected member of the American Society for Clinical Investigation. Dr. Marsh has published more than 100 papers in peer-reviewed journals and maintains an active laboratory and clinical practice at The Ohio State University.

Newsflash:

Police station toilet stolen;
Police have nothing to go on.

Trustees to meet ...

The November meeting of the Kiwanis Trustees will be held on Monday evening, November 15, at 6 p.m. at Barley's Smokehouse located at 1130 Dublin Road.



All Trustees and committee chairs are expected to attend, however, the meeting is open to all Club members, and everyone is welcome.

Barleys offers an inexpensive menu along with some great local brews. If you are interested in attending, please let secretary **Paul Bohlman** know by Friday, November 12.

Kiwanis night at OSU men's basketball ...

Kiwanis members from throughout central Ohio will be coming together to enjoy a night of college basketball on Friday, November 18, when the Ohio State men's basketball team takes on the Jackson State team. Tip-off is at 9 p.m.



Tickets are \$15 each and there is no limit to how many you may purchase. Please let Secretary **Paul Bohlman** know the number of tickets you would like, so that he can place the group order. Checks should be made out to **Kiwanis Club of Columbus** and sent to Paul at P.O. Box 20334, Columbus, OH 43220-0334. Ticket ordering deadline is **November 8**.

Increase service hours by ten percent ...

One of our Club goals this year is to increase our community service hours by at least ten percent. Typically, we do about 650 hours of community service throughout an administrative year, so a ten percent increase will bring us up to 715 hours.

We are off to a great start! Just one month into the new administrative year, we have participated in the Good Neighbor Picnic, Heart-to-Heart Canteen, 'Shred-It' Day and the Boys & Girls Club reading program, for a total of 154 hours of donated time. Thanks go out to the following 33 members, who have given of themselves to help make Columbus a better community.

Tim Barhorst
Paul Bohlman
Tiffany Crosby
Scott Doellinger
Chad Endsley
Tom Hayden
Scott Lindsey
Jeff Rayis
Brian Seitz
Jim Skidmore
Sam Vogel

Bob Barnes
David Brainin
Jack D'Aurora
Jerry Durham
Perry Fisher
Leslie Huntington
Fred Miller II
Kathleen Roberts
Jim Shively
Dave Timmons
Joyce Waters

Phil Beltz
Charlotte Collister
Neil Distelhorst
Mike Edwards
Stephanie Harris
Ken Keller
Mark Poepelman
Mareion Royster
Cindy Sturni
Nick Tomashot
Dave Weibel

Each of these members have earned their "Silver Star" recognition pin for this administrative year, with one exception. Jim Shively, has already earned his "Gold Star" recognition pin with six service credits. Congratulations and thank you to each of these individuals.

There are plenty of service opportunities throughout the year. In the immediate future are the upcoming Manna Café, Heart-to-Heart Canteen, Boys & Girls Club reading, Bethlehem on Broad and Salvation Army bell ringing. Wouldn't it be great if every member did at least one service project this year? Let's keep this list growing! Details for all upcoming events can be found in our weekly newsletters or on the calendar of events located on our Club's website (www.columbuskiwanis.org).

Manna Café ...

Four times a year, Kiwanis members gather at the Manna Café, located on the back side of Broad Street United Methodist Church, to prepare and serve a full evening dinner to 150 to 200 homeless and disadvantaged adults. Church staff coordinates the effort and give each volunteer an assignment based on their abilities – the work is easy, but many hands are needed in order to have everything come together correctly.



The food preparation begins at 4 p.m. and the meal is served around 6 p.m. We need volunteers beginning at 4 p.m. but realize not everyone can be there that early. So even if you can get there at 5 p.m. or 5:30 p.m., that would be great.

If you are interested in helping, please contact **Cindy Sturni** at cindy.sturni@uwcentralohio.org or call her at 614-227-2788.

Heart to Heart Canteen ...

The Salvation Army's Heart-to-Heart weekend meals program provides hot, nutritious meals to a poverty-stricken inner city community. Their large mobile canteen is a kitchen on wheels that travels to four downtown locations every Saturday and Sunday evening, delivering meals to more than 200 people each weekend.

The Heart to Heart program employs only one full-time staff member. All other work is performed entirely by volunteers. Kiwanis Club of Columbus provides 4 volunteers on the fourth Sunday of each month. The work is very rewarding, as well as very eye-opening. Many members have shared this experience with their spouse, their children and even their grandchildren.



Because of the limited space within the canteen, we can only accommodate four volunteers each month. If you would like to volunteer, please contact **Milan Jovanovic** at mjovanovic@calfee.com to reserve the month you desire. Spaces fill quickly, so don't delay.

If the population of China walked past you, eight abreast, the line would never end because of the rate of reproduction.

How to Live Safely in a Science Fictional Universe

FROM THE NOVEL BY CHARLES YU
ADAPTED BY JENNIFER FAWCETT & MATT SLAYBAUGH

Available Light Theatre's locally written and produced adaptation of the Charles Yu novel is the story of a time machine repair man who searches for his long-lost-in-time father and avoids the consequences of his actions.

You thought you learned everything you needed to know about time travel from H.G. Wells and Star Trek, but you were wrong. This humorous and thought provoking show is recommended if you like The Hitchhikers Guide to the Galaxy, Dr. Who, Quantum Leap or Wookies. The show will run November 10 – 19th at The Columbus Performing Arts Center Van Fleet Theater.

Tiffany Crosby stepping out ...

Kiwanian **Tiffany Crosby** will be leaving Ernst & Young as of November 15, 2011. She will be closing out her 13.5 year career there to launch her own company, Petra Learning LLC and to teach accounting at the college level.



The decision to leave Ernst and Young was not an easy one as she has grown to love the Ernst and Young people, her clients, and the community that she had the pleasure of serving through her inclusiveness role and board involvement.

Tiffany's commitment to the community is as strong as ever. You can still expect to see her actively involved with women and girls, while supporting our emerging leaders.



Did you know that almonds are a member of the peach family?



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General Dentist

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*Of all the things you wear,
your expression is the most important.*

Next week's meeting

(November 14, 2011)

Speaker: Kip Morse -President and General Manager, Better Business Bureau

Greeters: Dick Tice

Richard C. Tice, CLU Co.

John Gambaiani

Nova Capital Group, LLC

Invocation: Tim Barhorst

Business Partners, Inc.

Committees: International Relations

Menu: Roast Chicken, red pepper sauce

Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

Phone: 614-245-8617

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website: www.columbuskiwanis.org

CLUB OFFICERS

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| Tim Barhorst | Past President |
| Lisa Jolley | President-Elect |
| Kathleen Roberts | Vice President |
| Nick Tomashot | Treasurer |
| Paul Bohlman | Secretary/Editor |

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| 2012 | 2013 |
| Jack D'Aurora | Tom Hayden |
| Lisa Jolley | Kathleen Roberts |
| Brian Seitz | Mareion Royster |
| Troy Terakedis | David Timmons |
| Nick Tomashot | Joyce Waters |

Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

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