

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

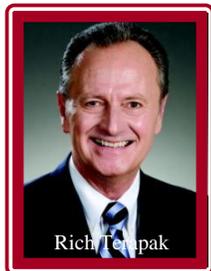
"Kiwanis Club of Columbus is a Club that cares about the children. Children are our focus."

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

October 29, 2012

STEVE STOVER and RICH TERAPAK

Restaurant Critics



Rich Terapak



Steve Stover

Steve Stover and Rich Terapak are passionate about food. They have taught cooking for more than 30 years, and reviewed restaurants and judged cooking for more than 25 years. They currently teach cooking at the Franklin Park Conservatory after stints at La Belle Pomme at Lazarus; Columbus State; Sur la Table; and Faire la Cuisine. In addition, they frequently cook for charity events and speak to community groups all over Central Ohio.

Steve had a weekly restaurant and food commentary program on the Bob Connors Show on 610WTVN AM radio for nearly 12 years (600 shows, 1996 - 2008). From 1992 to 2004, Steve was the Ohio editor for Zagat Survey, edited five Zagat Survey Ohio editions and was a contributing editor for several editions of Zagat Survey America's Top Restaurants. He is currently a contributor to *Edible Columbus* magazine.

Rich is the restaurant reviewer for WOSU Radio, 820 AM. He was the honorary chair of the 2012 Food and Wine Affair. He is also the president of the Columbus Metropolitan Club, among the many other community activities in which he's engaged.

In "real life," Rich is a partner in the Columbus law firm of Porter, Wright, Morris & Arthur. Steve retired in January as the Legislative Counsel for the Ohio State Bar Association.

The cardiologist's diet: If it tastes good, spit it out.



Today's Meeting

Greeters: **Neil Distelhorst** - Retired - Deloitte/Touche
Linda Kay - WesBanco Trust & Investment Services

Invocation: **Bill Newman** -
Lucas, Prendergast, Albright, Gibson, Newman

Committee meetings: Young Children Priority One

Menu: **House salad, pecan crusted chicken with bleu cheese cream sauce**

This week at a Glance

Birthdays:

10/29 - D. Jeffrey Ralph
10/30 - Bob Eberhart
11/03 - David Weibel



Saturday - 11/03 - Columbus International 5K Pre-Race Dinner - open to all - 6 p.m. - Spaghetti Warehouse.

Sunday - 11/04 - 2nd Annual Columbus International 5K - 9:30 a.m. (race start) - Genoa Park.

Focus on Kiwanis

Time to think of ringing in the holiday cheer!

Our headlong sprint into the holidays unofficially begins next week, when our dutiful Microsoft Outlook calendars tell us there are only two months remaining in 2012. With no bowl games in the offing for the Scarlet and Gray, this just might be the right time to remind ourselves of why we'll soon be ringing the bell to fill the red kettles of the Salvation Army.

According to the most recent Salvation Army annual report, a record 1-in-6 Americans now live in poverty, many of whom lost their jobs and homes in the 'Great Recession.' Just a few years ago, these people held jobs, were able to pay their bills and contribute to their communities.

Now they count on our generosity.

With our help, and the generous support of people across the country, The Salvation Army was able to provide services to more than 30 million people in 2011, including 10 million nights of lodging and 60 million meals.

These impressive numbers, however, are just the start.

What few people know is that The Salvation Army also provides health care, education and substance abuse rehabilitation. Tens of thousands of people also received help with job referrals. It seems the organization really takes to heart its goal to stop the cycle of poverty before it's passed on to the next generation.

That next generation certainly felt the impact of the poor state of the economy in recent years. According to a 2011 survey commissioned by The Salvation Army, 81 percent of its youth programs saw an increase in demand last year, while 41 percent of those programs suffered cutbacks.

So how do we place all of these statistics in perspective? How do we see that with just a little effort on our part, we can make a big difference in the lives of those who need our help the most?

At the risk of oversimplifying the situation, think about the two dollars you save when you place on-line reservations for your Monday Kiwanis lunch, and to deal in round numbers, let's just assume we have 50 luncheons a year.

You can see where this is going.

That's \$100 dollars per person. At a round banquet table that holds eight of us, that's \$800.

Without tracking down the leadership of The Salvation Army, we don't have the dollar amount spent to house and feed somebody who needs their services, but we can imagine the

difference \$800 can make. That amount places a lot of food on the table, a number of pillows and blankets on beds and you'd have enough money to provide flu shots to a school bus full of children.

So when we ring the bell for The Salvation Army, let's ring it extra loud this year. And let's remember to add up a year's worth of loose change. A future Kiwanian is depending on it.

Pauken gets new knee ...

Fellow Kiwanian **Ray Pauken** has successfully undergone knee replacement surgery for the second time. He is home recovering and doing well, most likely, just strumming along with his banjo on his knee!

Manna Café ...

On a quarterly basis, Kiwanis Club of Columbus supports the Manna Café and their weekly efforts to feed the homeless and less fortunate. Through a grant from the Columbus Kiwanis Foundation, they are able to purchase the food needed to feed 150-200 adults. Club members, with the direction of their volunteer staff, help with set-up, prepare the food, serve the food and clean-up following the dinner.

We will host and work the Manna Café dinner on Wednesday, November 7. Accordingly, we will need members to volunteer to fill the two shifts. The first shift will run from 4:30 p.m. to 6 p.m., and the second shift will run from 5:30 p.m. through finish (usually around 7:30 p.m.).

If you would like to volunteer, please contact either Jim Skidmore (614-267-9491) or Jim Shively (469-0386) by Monday, November 5. The work is easy and extremely rewarding.

If You Can't Fix It
With Duct Tape Or Beer...
It Ain't Worth Fixin.



The generosity of many leads to good things ...

Kiwanis members are known for their generosity. They give of their time, their talent and their treasure. Whether taking on a committee assignment, volunteering to help with a service project or opening their wallets to support the good works locally, regionally or internationally, Kiwanis members are always there.

This Monday is the fifth Monday of October and since there are normally only two or three months each year that have this distinction, it is fitting that we pause to recognize a small group of members who have generously and silently become members of the 1916 Society, Hixson Fellows and Zellers Fellows.

The 1916 Society was started with a lead matching gift from Kiwanian and past president **George R. Manser**. Its goal was to help build the corpus of our Columbus Kiwanis Foundation. There are currently 76 members of the Society, each of whom has contributed \$1,000 or more. In 2010, the Foundation renamed the Society "The Columbus Kiwanis Foundation 1916 Society (George R. Manser, Founder)" to reflect the impact of his vision and leadership. At the same time, they created several recognition levels, to further promote the Society and to recognize those who have gone well beyond their original \$1,000 commitment. Gifts to the Columbus Kiwanis Foundation are tax deductible to the full extent of the law. The following is a list of the active members of the 1916 Society. A complete list of members, past and present, can be found in the history section of our web site.

Diamond Level (\$10,000+)

**George R. Manser
David Timmons**

Gold Level (\$5,000+)

**S. Ronald Cook, Jr.
Thomas Sherrill
James Skidmore**

Silver Level (\$2,500+)

**Theodore Coons
Herb Flint
Scott Lindsey
Kathleen Roberts
Alan Weiler**

Members (\$1,000+)

**Robert Banasik, Ph.D.
Timothy Barhorst
Ned Barthelmas
Paul Baumer
Michael Becker
James Bechtel
Adam Biehl
Paul Bohlman
Tom Christman
Charlotte Collister
Ohmer Crowell
John DeSando, Ph.D.
David D'Herete
Neil Distelhorst**

David T. Fenner

**Fred Miller
Herb Flint
David Gallit, Ph. D.
William Gillam
Cris Gillespie
Michael Griffith
William Grove
Mary Lee Hammond
Lisa Jolley
Ken Keller
Ellwood Lewis
M. Fil Line
Ron Manser
Dan McCormick**

Paul Metzger

**William Newman
Jamie Richardson
George Ruff
J. David Ryan
John Schoedinger
Brian Seitz
Michael Stevenson
Mark Swepston
Kristin Sydney
Sam Vogel
Daniel Ward
David Weibel
Robert Wiseman**

The Hixson Fellowship is a Kiwanis International Foundation recognition for those members who have contributed \$1,000 or more to the Kiwanis International Foundation. This program received heavy attention during the IDD (iodine deficiency disorder) Campaign, which raised millions of dollars worldwide to eradicate IDD. Members who contribute multiples of the \$1,000 minimum are "Diamond" Hixson Fellows (D). The current members of our Club who are Hixson Fellows are:

**Robert Banasik, Ph. D.
Ned Barthelmas
Paul Baumer
Paul Bohlman, D-2
Charlotte Collister
S. Ronald Cook
Theodore Coons, D-10
Ohmer Crowell, D-1
John DeSando
Neil Distelhorst
Scott Doellinger**

**Jean Evans
David T. Fenner
David Gallit, Ph.D.
Robert Gardner
John Garvin
William Gillam
Cris Gillespie
William Grove, D-2
Lisa Jolley
Ken Keller
Ellwood Lewis**

**Scott Lindsey
M. Fil Line, D-1
George Manser, D-1
Daniel McCormick
Michaela McGinn
Paul Metzger
Fred Miller, D-4
William Newman
Kathleen Roberts
George Ruff, D-1
J. David Ryan**

**John Schoedinger
Thomas Sherrill, D-2
James Shively
James Skidmore, D-1
Mark Swepston
Kristin Sydney
Richard Tice
David Timmons
Sam Vogel
Daniel Ward
Roy Young**

The Zeller Fellowship is the latest recognition piece of the Kiwanis International Foundation; it is designed to recognize those who support the worldwide effort to ELIMINATE maternal and neonatal tetanus (MNT). It involves a gift of \$1,250 to the Foundation, either in a single gift or a two-year pledge. Our Club currently has the following individuals who have stepped up in our name to become Zeller Fellows:

**Theodore Coons
Lynn Coons**

**Scott Lindsey
Kathleen Roberts**

**James Skidmore
Elizabeth Yee**

Division Council to meet ...

We all know that Kiwanis is a worldwide organization, and like any large group, there is an organizational structure. The world is divided into governing Districts and the Districts are broken down into Divisions. Our Club is in Division 10-W of the Ohio District.

Within our Division 10-W, there are 12 Kiwanis Clubs, with Kiwanis Club of Columbus being the largest and the oldest. The other Clubs are Dublin, Franklinton, Greater Dublin, Grove City, Hilliard, Hilltop, I-NExT, London, Northwest, University and Washington Court House.

On a quarterly basis, leadership of these clubs comes together for a Division 10-W Council meeting, to discuss issues of common concern and to conduct any necessary business. The meetings are open to all members of the Kiwanis family.

The next Division 10-W Council meeting is scheduled for Tuesday evening, November 13. It will be held at the Ramada Inn on Sinclair Road (near Morse Road and I-71 North). The meeting will begin at 6:30 p.m., and include dinner. If you are interested in attending, please contact Paul Bohlman. We will serve as one of three host clubs, so you will get multiple attendance credits and we will get several interclub credits, as well.

The Columbus International 5K ...

This upcoming event has something for every member – you can walk in it, you can run in it, you can volunteer for it, and/or you can help us spread the word to get people signed up for it.

The date is Sunday morning, November 4, and it will start (9:30 a.m.) and finish at Genoa Park in downtown Columbus (behind COSI, along the river).

All entrants will receive a T-shirt and a free pass into the Columbus International Festival at Veterans Memorial later that day. To register, racers can go to this web site: <http://premieraces.com/viewevent.asp?eventID=428>.

You are also invited to join us at the pre-race dinner being held at the Spaghetti Warehouse that Saturday, November 3. You will be able to order off a limited menu for a flat fee of \$20 per person. Please let us know in advance if you will be joining us for dinner, as space will be limited. Dr. Dennis Cunningham, Nationwide Children's Hospital's Medical Director of Epidemiology, Section of Infectious Disease, will be speaking about maternal and neo-natal tetanus – the disease we are raising money to ELIMINATE.

Please join us ... walk, run, volunteer, promote or eat. All options are good and you will be glad you took part. And, you may be even happier if you bring a friend!

One of life's mysteries is how a two-pound box of candy can make a person gain five pounds.

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Brain cells come and brain cells go, but fat cells live forever.

## Next week's meeting

(November 5, 2012)

**Speaker:** Ali Rezai – Chief Neurologist at Ohio State University Hospital

**Greeters:** Need volunteers

**Invocation:** Roy Smoot  
PNC Bank

**Committees:** Golf, Scholarship, Behavioral Health & Wellness

**Menu:** Meat loaf with spicy tomato chutney

## Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

**Phone:** 614-245-8617

**e-mail:** office@columbuskiwanis.org

**website:** www.columbuskiwanis.org

### CLUB OFFICERS

|                  |                  |
|------------------|------------------|
| Lisa Jolley      | President        |
| Jamie Richardson | Past President   |
| Kathleen Roberts | President-Elect  |
| Jim Skidmore     | Vice President   |
| Nick Tomashot    | Treasurer        |
| Paul Bohlman     | Secretary/Editor |

### CLUB TRUSTEES

|                  |                  |
|------------------|------------------|
| <b>2013</b>      | <b>2014</b>      |
| Tom Hayden       | David Brainin    |
| Kathleen Roberts | Stephanie Harris |
| Mareion Royster  | Mark Poeppelman  |
| David Timmons    | Jim Skidmore     |
| Joyce Waters     | Cindy Sturni     |

## Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

### FOUNDATION OFFICERS

|                |                |
|----------------|----------------|
| S. Ronald Cook | President      |
| Alan Weiler    | Vice President |
| Jim Bechtel    | Treasurer      |
| Paul Bohlman   | Secretary      |

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|                  |               |
|------------------|---------------|
| Lisa Jolley      | Jim Skidmore  |
| Kathleen Roberts | Mark Swepston |
| George Ruff      | Sam Vogel     |