

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

“Where serving the Children of the World is our Mission & Passion”

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215

September 12, 2011

Linda Artis, RN

Executive Director

Senior Independence Central Ohio Region



Linda Artis is executive director for the Senior Independence Central Ohio Region. Senior Independence provides older adults with a broad range of services to help them continue to live independently in the community.

Linda is a registered nurse with more than 32 years' experience working in critical care, community, and teaching hospitals, as well as public health, home care and hospice.

A Board Member of the Mid-Ohio Care Alliance, Linda has served on various state and local community planning groups focusing on aging and health issues, and has provided testimony to the Ohio legislature on issues related to aging.

Linda has been the executive director of Senior Independence Central Ohio Region for more than 13 years. Under her leadership, Senior Independence developed a geriatric-focused hospice program that has grown to include all seven Senior Independence locations throughout Ohio. She also developed the award-winning iCaregiver Guide, a companion guide to the iCaregiver.org website, to assist families and caregivers through difficult, yet crucial, conversations on medical wishes, and end-of-life decisions.

Additionally, Linda designed and convened the Senior Impact Series and its annual Capstone Event in 2008, and in 2010, its third year, this regional event initiated discussion among community leaders for exploration of the Lifelong Living Community Concept, and how it might be of value in future development in Central Ohio.

Linda Artis continues to collaborate with local agencies, governments and senior health providers to help benefit Ohio's growing aging population. Let us warmly welcome her to our Club this Monday.

Today's Meeting

Greeters: **Paul Collinsworth** - Huntington National Bank
Bob Wiseman - Burkholder Flint Associates

Invocation: to be determined

Committee meetings: Homeless, International Relations, Youth Opportunity, Service Leadership Program

Menu: House salad, roast chicken, red pepper sauce

Check presentations: St. Vincent's Family Center, Senior Independence of Central Ohio, and Buckeye Community Hope

This week at a Glance

Birthdays:

09/12 – Adam Biehle
09/12 – David Brainin
09/16 – David Timmons
09/17 – Bob Barnes
09/17 – Brad Fisher
09/17 – Jerry Kuyoth
09/18 – Christopher Pflum



Tuesday – 09/13 – Trustee meeting – Kiwanis Club of Columbus – 6 p.m. at Buckeye Hall of Fame Grill in Grandview.

President's Corner



The 32nd Annual Kiwanis College Fair is nearly upon us. This is just one of many great programs and traditions we have in our Club, and it is a program that impacts thousands of young men and women each year.

If you haven't done so already, I encourage you to sign up as a volunteer to work one, or more, of the three shifts during this year's event. Once again, under the leadership of committee chair **Tom Hayden**, we will have more than 150 colleges and universities represented. They will be coming in from all directions and will represent 29 different states.

More than 3,000 students from the Columbus City Schools and surrounding areas will be bused in during the morning session, and many will come back in the evening with their parents. We hope those of you with high school-age, college-bound children (or grandchildren), will take the time to bring them to the evening session as well.

In addition to gaining access to a wide array of college representatives, sessions regarding how to select the right school and how to finance their college education will be conducted by representatives from I Know I Can.

Thanks go out in advance to all of the committee members who have worked so diligently to get information disseminated to the various college admissions offices; coordinate the logistics with Veterans Memorial; worked with the Columbus City School system and other outlying districts; and generally oversaw the numerous details it takes to pull an event of this magnitude together.

With everything set to go, all we have to do as Club members is to show up and assist. So please sign up today to volunteer for one or more of the three shifts.

Upcoming dates to note ...

Here are a few dates you will want to get on your calendar so that you do not miss them:

Monday, September 19 – 32nd Annual Kiwanis College Fair at Veterans Memorial North Hall. Volunteers needed for three shifts – 7 a.m. to 10 a.m.; 10 a.m. to noon and 5:30 p.m. to 8 p.m.

Saturday, October 1 – Good Neighbor Picnic at Goodale Park. A few volunteers will be needed to help set up at 10 a.m., and then a larger group of volunteers will be needed to take photos and run the photo printers from noon to 4 p.m.

Saturday, October 22 - Shred-It Day at the Schottenstein Center. We will again be helping with this tremendously popular program, and need to identify volunteers to help with three shifts – 7:30 a.m. to 10 a.m.; 10 a.m. to 12:30 p.m. and 12:30 p.m. to 3 p.m.

Friday, November 4 - The annual President's Party, to celebrate the successful administrative year of President Tim Barhorst, will be held at the Longaberger Alumni House at The Ohio State University. Details will be forthcoming in a formal invitation being sent to your home address.

Sunday, November 6 – The Inaugural Columbus International 5K. This is an event all Kiwanis members and their families can participate in, either as a runner, a walker or a volunteer. Volunteers will be needed before, during and after the event. The event will begin at 9 a.m. and be finished by 10:30 a.m. All racers will be given free admission to the Columbus International Festival, and volunteers will receive a deep discount.

Foundation Board to meet ...

The Board of the Columbus Kiwanis Foundation will be holding a special meeting on Monday, September 26 at 1:05 p.m., immediately following our regularly scheduled Kiwanis Club luncheon meeting.

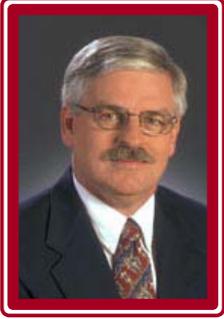
Several key items of business will be discussed, including approval of the revised investment guidelines; a review of the 2010-11 expenditures made by the Club on behalf of the Foundation; a request for reallocation of dollars not yet committed by the Club; and approval of the 2011-12 budget. The meeting should last approximately 30 minutes and is open to all Club members.

Club Trustees to meet ...

The monthly Trustee meeting of the Kiwanis Club of Columbus will be held on Tuesday evening, September 13. It will begin at 6 p.m. and will be held at the Buckeye Hall of Fame Grill at Grandview Yard (Goodale Blvd.). All members are welcome to attend and all are invited to stay for fellowship and dinner following the meeting.

This is the final Trustee meeting of this administrative year, so let's make sure we have an excellent turnout. If you are planning to attend and/or stay for dinner, please **Paul Bohlman** know by noon on Monday.

Historian's Corner ...



Since I was first asked to write this column, I have shared information gathered from a variety of sources about the earliest decades of our Club's history. Only recently has it dawned on me that my own memories of my early years in the Club can themselves be regarded as "history." I have therefore decided to describe briefly in this Historian's Corner the weekly Club meetings, as I remember them, in 1975, the year I joined the Club.

We met in those years in the ballroom of the Neil House, the venerable hotel once located where the Huntington Center now stands. The president during my first full year in the Club was **Paul Lewis**, then a Senior Vice President of Huntington Bancshares. Each week, President Paul would announce in his soft, raspy voice, "There is no free lunch in this world," and he would then proceed to conduct a drawing to award a free lunch for that day to some lucky Kiwanian. (The Neil House contributed the lunch.)

The Club membership in those days numbered over 300, and the attendance at the weekly meetings was easily double our typical attendance today. With that size membership, it was easy to attract prominent speakers. Woody Hayes and Fred Taylor, for example, spoke to the Club every year. One of the time-honored features at every meeting was "Club Singing." Our Club Pianist, **Ray Steelman**, would each week duplicate, on an ancient (and quite messy) mimeograph machine kept in his basement, the lyrics to two old-time songs, and all the members would join in singing them.

Another regular feature at Monday meetings in my early years was the "News of the Day." A Club member who worked for a radio or TV station, with access to the wire services, would go to the podium and announce the mid-day headlines. Because Al Gore had not yet invented the Internet, this part of the meeting was met with great interest by the members.

As you looked around the room at one of those Monday meetings, you would have immediately noticed that the average age of Club members was somewhere above 60. Ted Coons and I, and a few others, looked distinctly out of place, but in that less mobile society, long-tenured members were the rule rather than the exception. One of the Club's charter members, **Homer Gill**, was still occasionally attending meetings. Prominent religious leaders were particularly well-represented. There were rarely in the room any women other than our office secretary, because the admission of women to Kiwanis was still 12 years away.

The one regular fundraiser in those days was the sale of lemon shakes at a booth at the Ohio State Fair. Unpredictable weather and fair attendance made this an unreliable source of funding for the Club, but it was a first-rate source of camaraderie for members and their families. Not every aspect of the Club in those days compares favorably with our Club as it operates today. Hands-on projects, for example, were a rarity, with the writing of checks the principal form of service to the community. There were no recurring projects such as the Entrepreneurial Forum or the College Fair, neither of which had yet been invented. Very much in common with our current Club, however, Monday was a time for enjoying fellowship with an amiable group of members all dedicated to the Objects of Kiwanis.

~~ Past President Ron Cook



CAPSTONE DENTAL

Dr. Kristin Piper
General Dentist
drpiper@capstonedowntown.com

10 N High St Suite 403
Columbus, Ohio 43215
T: 614.223.1000 F: 614.223.1001

CapstoneDowntown.com



**Proud to
support**

~~ **Kiwanis** ~~

Fall 'green tips' - Prepare for winter ...

Here are a few simple, environmentally helpful tips that should come in handy:

Check the air pressure in your car tires. Cold weather reduces pressure, increasing rolling resistance - requiring more fuel.

Clean the furnace (inside) and get it ready for heavy winter use.

Make sure furnace vents are not blocked, and vacuum to remove dirt to insure full air flow.

Reverse ceiling fans to move air upward, bringing warm air to the floor without causing a cooling breeze.

If you feel cool air coming from electrical outlets on outside walls, buy foam gaskets to place under outlet covers, blocking the infiltration of cold air.

Keep additional cold air out by cleaning window gaskets, closing and locking windows and installing storm windows, if the house does not have them.

Consider improving the thermal performance of windows that you don't normally look through often, (like basement windows), by placing white bead-board insulation between the glass and insect screen. Now, the worst-performing window in the house has become one of the best.

Get out warm clothing. Summer is over, and the more insulation you put on yourself, the lower the air temperature needed to feel comfortable.

~~ Scott Doellinger

Less than \$2 saves and protects a mother and her future children from a disease that kills one baby every nine minutes – maternal and neonatal tetanus.

Dues reminder ...

There is still time, but the deadline is nearing – Friday, September 30 is when your 2011-12 annual membership dues must be received in order to remain an active member of the Club. Those received after the deadline will be assessed an additional \$25 re-instatement fee.

If you know that your dues payment will be late, you need to make some special arrangements, or if you do not wish to continue your membership, please let us know immediately. The annual membership dues cover the October 1, 2011 through September 30, 2012 administrative year.

To those who have already submitted their payment, thank you for taking care of this responsibility in such a timely manner.

**It's not what you gather,
but what you scatter that tells
what kind of life you have lived.**

Next week's meeting

(September 19, 2011)

Speaker: John Felmy - Chief Economist, American Petroleum Institute

Greeters: Dan Lacey

Clark, Schaefer, Hackett & Co.

Cindy Sturni

United Way of Central Ohio

Invocation: Kathleen Roberts - The Ohio Foundation of Independent Colleges

Committee Meetings: Environment & Agriculture, Music & Arts, YCPO

Menu: Grilled salmon, tomato caper relish

Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

Phone: 614-738-0069

e-mail: office@columbuskiwanis.org

website: www.columbuskiwanis.org

CLUB OFFICERS

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Charlotte Collister	Past President
Jamie Richardson	President-Elect
Lisa Jolley	Vice President
Nick Tomashot	Treasurer
Paul Bohlman	Secretary/Editor

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<u>2011</u>	<u>2012</u>
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Jamie Richardson	Troy Terakedis
Larry Walters	Nick Tomashot

Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

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