

The Bulletin

The Kiwanis Club of Columbus



"Kiwanis is a global organization of volunteers dedicated to changing the world - one child and one community at a time."

“Bringing a century of service into the future.”

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215



February 1, 2016

STEPHEN IVES YMCA of Central Ohio



Stephen Ives joined the YMCA of Central Ohio in July of this year, with 27 years' service to the YMCA movement, including 20 years as a CEO. Steve began his career in aquatics and youth programming at the Portland Maine YMCA, where he developed programs for teen fathers and at-risk youth in the inner city, as well as camp and youth recreation programs.

He relocated to the Northern York County Family YMCA in Bedford, Maine, before he was recruited to become President and CEO of the Merrimack Valley YMCA in 2005. During his tenure at Merrimack, he successfully completed two capital campaigns, a \$22 million expansion and renovation project, and much more.

In addition, Steve is well-recognized as a national leader in innovation and entrepreneurship, as well as academic programs, partnerships and global initiatives for diversity and inclusion.

Being healthy means more than simply being physically active. It's about maintaining a balanced spirit, mind and body. The 'Y' is a place where you can work toward that balance by challenging yourself to learn a new skill or hobby, by fostering connections with friends through its lifelong learning programs, or bringing your loved ones closer together through its many family-centered activities. At the 'Y,' it's not about the activity you choose as much as it is about the benefits of living healthier on the inside as well as the outside.

The YMCA of Central Ohio is thrilled that Steve and his wife, Lisa, now call Columbus 'home.'

Today's Meeting

Greeters:

Dan Lacey - Clark, Schaefer, Hackett & Co.
Tom Christman - Ohio Exterminating Company

Invocation:

Jerry Kuyoth - Friendship Village Dublin

Committee Meetings: Behavioral Health and Wellness, Golf, Scholarship

Menu Options:

- Hot:** Mixed green salad, black bean ravioli, with red pepper and chipotle cream.
Cold: Chicken salad on a croissant / chips.

A Glance at this week

Birthdays:

02/02 - **Larry Icenogle**
02/03 - **Daniel Benway**
02/05 - **John Eberts**
02/07 - **Hilary Blakemore**



Wednesday, 02/03 - Columbus International 5K committee meeting - 7:30 a.m. - Panera Bread on Bethel Road.

Friday, 02/05 - Centennial Celebration Committee meeting - 7:30 a.m. at Giant Eagle Grandview.



Centennial moment ...

One hundred years ago, a visionary group of local businessmen came together and formed Kiwanis Club of Columbus. They were ordinary people in need of things such as business networking and fellowship. In reality, they were no different than you or I.

While the world has changed in ways they could have never imagined, one thing has remained constant – the need for business networking and fellowship. Kiwanis offers that and much, much more.

Our task, as stewards of this century-old organization, is to build upon the foundation they laid down and to bring our Club into its second century as a strong, vibrant organization working to improve the world one child and one community at a time.

The relationship between a husband and a wife is psychological – one is psycho and one is logical.

Spring Key Leader program announced ...

Key Leader is a weekend experiential leadership program for today's young leaders (grades 8-12). This life-changing event focuses on service leadership as their first, most meaningful leadership-development experience. A Key Leader will learn the most important lesson of leadership -- it comes from helping *others* succeed.

Participants begin by attending a Key Leader conference, which is a weekend retreat. Large- and small-group workshops, discussions and team-building activities take place over the course of the weekend. Students have opportunities to learn leadership skills that will help them to change their schools, communities and world for the better. While exploring leadership in a whole new way, participants will make amazing new friends and have experiences they will never forget. Positive, ongoing interaction with other Key Leader graduates offers continuing reinforcement, encouragement and growth of leadership skills.

The spring event is scheduled for April 22–24, at Recreation Unlimited, Ashley, OH. Registration is now open at <http://www.key-leader.org/Home.aspx>. Cost of the weekend-long program is \$250, although Builders Club and Key Club members can receive a \$25 discount.

The way we were ...

Despite numerous attempts, only two people have correctly identified this childhood photo of an outstanding member of our Club. We need five correct guesses before we can have our drawing for a free Kiwanis meal.



So, take a good hard look and consider these clues:

- 1- *Is a collector of Pez and had a pet rabbit named 'Snuffy.'*
- 2- *Still cheers on the green and white team!*



Anyone for a road trip?

For the past several years, weather permitting, members of Kiwanis Club of Columbus have car-pooled to Marietta, Ohio, to help with the annual Marietta Kiwanis Pancake Days. This two-day community-wide event is their major fundraiser, bringing in more than \$20,000 per year. In conjunction with the breakfast is a silent auction with a wide variety of gift baskets up for bid.

Our members will be traveling down to help relieve their team by working a two-hour shift on Saturday, February 6. We will leave around 8 a.m., drive down, work a two-hour shift (or perhaps a little longer if needed), eat breakfast and drive home.

Interclub chair Chuck Frobose will be coordinating our trip. We already have five people, but would love to fill a second or third vehicle. If you are interested in participating, please contact Chuck at chuckfrobose@gmail.com.

Did you know?

Antarctica is the only land on our planet that is not owned by any country. Ninety percent of the world's ice covers Antarctica. That ice also represents 70 percent of all the fresh water in the world.

Division 10W presents AmTryke ...

On Tuesday, Savanna, age 11, was all grins when Divisions 10E, 10W and 10S (Greater Columbus Area) Kiwanians came together for their official Governor's visit and presented her an AmTryke (compliments of Div. 10W)! And to top it off, her birthday was the day before!



A special 'thank you' goes to the TAASC Chapter of National AMBUCS members JL Herron for assembling this AmTryke and to physical therapist Pat Tietz.

Let's continue to grant wishes and put smiles on children's faces! Kiwanis Club of Columbus will also be raising funds to provide an AmTryke to a wounded veteran. Please see Past President Jim Skidmore for details.

I wonder how many calories are burned by jumping to conclusions.

Builders Club gets big chance ...

Public speaking is still one of the largest fears people have, so when an opportunity presents itself for a student to speak at an important function, you can only imagine how scary that must be, and what a great opportunity it is to start overcoming that fear.



Samauj Samuel, vice president of the Kiwanis Club of Columbus' Builders' Club at the Boys and Girls Club of Columbus, helped introduce newly elected Columbus Mayor Andy Ginther (left) at the Milo-Grogan Recreation Center Saturday (January 23). Also pictured are Builders'

Club advisor Kathleen Roberts (center) and BGCC staffer Garry Adaway (right).

Doctors finally figured out what's wrong with my brain: On the left side there is nothing right; and on the right side, there is nothing left.

CYP Coffee Talk ...

On the first Tuesday of each month, Columbus Young Professionals (CYP) hosts a networking event for its members. Two upcoming events have special significance for Kiwanis Club of Columbus, in both March and April.

On Tuesday, March 1, the CYP's Coffee Talk networking program will feature our own Past President Jamie Richardson. The event begins at 7:30 a.m. and will be held at Dawson, located at 1114 Dublin Road, Columbus, OH 43215.

All Kiwanis members are encouraged to attend; there will be no charge due to our Corporate Membership in CYP. And, Jamie will be bringing White Castle breakfast sandwiches!

The CYP is promoting the event via their web site <https://www.cypclub.com/events/2016/775/coffee-talk-networking-with-jamie-richardson-vice-president-at-white-castle.html>, and to their more than 20,000 members via their website and social media.

The agenda will look like this:

- 7:30 - 8 a.m.: Attendee registration and open networking (coffee and light breakfast served).
- 8 - 8:05 a.m.: Welcome by CYP Club Networking Director, Ryan Conway.
- 8:05- 8:20 a.m.: Member Introductions
- 8:20 - 8:50 a.m.: Guest Speaker: Jamie Richardson
- 8:50 - 9:00 a.m.: Closing announcements

In April, the CYP Coffee Talk networking event will feature a panel of speakers, one of which will be Scott Lindsey, at the same time, on the first Tuesday of April and at the same location. Stay tuned for information.

Anger is a feeling that makes your mouth work faster than your mind.

Kiwanis Mid-Year Education Day ...

The 2016 Ohio District Kiwanis Mid-Year Education Day is scheduled for Saturday, March 5, at the Crowne Plaza Columbus North. Kiwanians from throughout the state will gather to learn more about club operations and available programs. There will be a number of breakout sessions to attend, depending on your particular interest.

The event is open to all Kiwanis members, especially those who are in leadership positions and/or striving to achieve one. You can register on-line at www.OhioKiwanis.org. This is a great way to gain a better insight on the scope and magnitude of Kiwanis.

Columbus International 5K – A race to reduce infant mortality ...

The 2016 Columbus International 5K is scheduled for Saturday afternoon, April 16. This year's event will have two integral components – a 5K walk/run and an information/health fair for new and expectant mothers to help educate them about pre-natal and infant health.



Our theme this year is “*Racing to reduce infant mortality.*” Sadly enough, Columbus has one of the highest infant mortality rates in the state, and Ohio has one of the worst rates in the country.

Infant mortality can be significantly reduced through education. Our Columbus International 5K will encourage ‘at-risk’ women with pre- or just-born babies to participate in the run/walk (strollers are welcome) and to visit a variety of information booths to learn about child health, nutrition, care and support.

The event will take place at Genoa Park (between COSI and the Scioto River) from 4 p.m. to 7 p.m. The actual race (running and walking) will begin at 5 p.m., with health & information booths available until 7 p.m. We are also planning entertainment from a variety of international talent, and activities for children. We want this to be a family event. Food trucks will be available on-site as well.

More details are available on our Club website *or* by going to our race web site of www.ColumbusInternational5k.com. Registration is now open for individuals and teams to sign up.

There are four ways you can help:

1- Run or walk – Whether you are a serious runner or just a recreational one, sign up to participate and ask some of your friends or co-workers to join you. In fact, sign up as a team and receive a discount.

2- Be a sponsor - If your company would be interested in being a Race sponsor, please let us know. We have sponsorship levels ranging from \$100 up to as much as \$5,000. Each level receives different benefits, including race entries, logo on race T-shirt, signage, etc.

3- Be an exhibitor - If you have contact with organizations that deal with infant mortality they may be interested in having an exhibit that afternoon to distribute literature or promote their services. Exhibitor forms are available and we would be happy to talk to them.

4- Promote the event - Getting the word out is critical. We can each spread the word through social media, distribute fliers to pediatricians and similar facilities, invite family and friends, and so forth. We need to have everyone familiar with the details and talking up the event whenever the opportunity presents itself.

*I started out with nothing and
I still have most of it.*

Next meeting

(February 8, 2016)

Program:

Valentine’s Day Program – Bring your sweetheart and have him/her serenaded by an internationally acclaimed quartet, The Con Men.

Greeters:

Fil Line - ROI Realty Services
David Brainin – David J. Brainin LLC

Invocation:

Joyce Waters – Johnson Investment Counsel

Committee Meetings: Homeless (1 p.m.)

Menu Options:

Hot: Wedge salad, pan-seared salmon with red pepper beurre blanc.

Cold: BLT on sourdough / pasta salad.

Kiwaniis Club of Columbus

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P.O. Box 20334, Columbus, OH 43220-0334

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