



**“Lead with Service”**

Noon to 1 p.m. luncheon meeting at The Athletic Club of Columbus, 136 East Broad Street, Columbus, OH 43215



**~~ KATE WHITE ~~**  
**Age-Friendly Columbus**

Katie White is the director of Age-Friendly Columbus at The Ohio State University College of Social Work. Two years ago, a community-wide effort began to make Columbus an even better place for residents of all ages and abilities. With the central Ohio population 65 years or older expected to double in the next 35 years, this initiative provided the opportunity to assess and identify needs and concerns of the community’s older adults. It came as no surprise that they wanted to remain in their neighborhoods, living independently and with access to services, amenities and continuing opportunities. The result was a strategic plan, unveiled in late November 2017, outlining how the City can respond to the critical input from more than 1,000 older residents.

A native of Avon, Katie, who holds her bachelor’s degree from The Ohio State University, studied geriatrics and gerontology at OSU’s School of Allied Medicine. It’s likely this interest in gerontology began in her teen years, when her first job at 16 was in the dementia unit of a nursing home. During college, she worked as an in-home caregiver and worked summers at a continuing care retirement community. Over the years, she has spent time in each part of the long-term care continuum, from home-based care; assisted living; independent living; nursing homes to memory-care units.

At OSU, Katie co-founded the Geriatrics and Gerontology Club, which linked college students with volunteer opportunities with older adults in the Columbus area. Her experience in person-centered program development at the Alzheimer’s Association sparked an ongoing passion for elevating the voice of older adults in the community, which was further strengthened in her role as founding executive director of Village Connections.

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*Today’s Meeting*

**Greeters:**

**Tom Christman** - Ohio Exterminating Company  
**Neil Distelhorst** – Retired, Deloitte

**Invocation:**

**Alice Foeller** – Site-In-Sight

**Committee Meetings:** Interclub;

Young Children Priority One.

**Menu Options:**

**Hot:** Mixed-green salad, pecan-crust chicken, with apple and raisin chutney.

**Cold:** Tuna salad on a croissant, with chips.

*A Glance at this week*

**Birthdays**

02/28 – **Merri Bame**

03/04 – **Rita Edwards**



**Tuesday, 02/27/1951** – The 22nd amendment to the United States Constitution was ratified, limiting Presidents to two terms.

**Thursday, 03/01/1790** - The first United States census was authorized.

**Saturday, 03/03/1983** - Compact discs and players were released for the first time in the United States and other markets. They had previously been available only in Japan.

## Youth Protection Guidelines ...

In today's world, we need to take extra precautions to guard against potential problems and accusations that may arise when a child is left alone with an adult. As Kiwanis members, working with children throughout our community, we are often in situations that could be problematic if not properly handled.

The Kiwanis International youth protection training program is available on line at Kiwanis International ([www.kiwanis.org](http://www.kiwanis.org)). This is a self-administered training program for Kiwanis Clubs and their individual members to use. We highly encourage every member to invest 30-40 minutes to go through this program.

A chaperone is a Kiwanis or school faculty member, parent, legal guardian or person *in loco parentis* who is 21 years old or older, and who has been approved by the school or agency to accompany youth to or during a particular event. When traveling or working with students, the 'rule of 3' should always be observed, with either one adult and at least two students, or two adults and one student, together at all times. Sometimes it is very difficult to transport a student other than one-on-one in a car. Should this prove to be the case, an alternative is the 'Kiwanis travel form' (*soon to be on the KI website*) that can be completed for the event and signed by the parent. At a minimum, an alternative to the form is a note from the parent, giving permission for the student to be transported, stating who the adult will be, and the anticipated times of departure, arrival and return. In short, we should always be sure that there are multiple people around when working with students, for the benefit of the students AND the adults.

Kiwanis Club of Columbus supports and follows the rules set forth by Kiwanis International. In addition, at the February 13 meeting of our Club trustees and committee chairs, the following revision to section 17 of our Club's policy manual was approved: "*Club members are responsible for their guests at Club-sponsored events where youth are present. Where non-members attend a Club-sponsored event, the volunteer coordinator for the event is responsible for compliance with the KI Youth Protection Guidelines.*"

A copy of our Club's Policy Manual can be found in the 'Members Only' section of our website, under 'Governance.' We highly recommend every member review this document periodically. This will not only help keep us running efficiently, but will also enable us to identify areas where improvement can be made. Suggested updates to the Policy Manual should be submitted to the Laws and Regulations Committee (Bob Eberhart, chair) for their review and recommendations.

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In 2014, she learned about the World Health Organization and AARP Network of Age-Friendly Cities. The goals of Age-Friendly Cities closely align with what Village Connections offered to older adults. Over the course of one year, her conversations with colleagues in leadership positions in aging around Columbus/Franklin County led to the commitment from the City of Columbus to enter the international network of Age-Friendly Cities. Her dedication to inclusive planning served as the foundation for the Age-Friendly Columbus initiative within the Mid-Ohio Regional Planning Commission (MORPC), the report that was unveiled late last year. It continues to guide her daily work advocating with and for older adults as the program has shifted from MORPC to the OSU College of Social Work.

Katie lives in Upper Arlington, where she serves as a board member with the UA Commission on Aging, thus supporting a program in her neighborhood. But she notes that it is even more gratifying that she is able to take her two children (daughter, 6 and son, 3) along on her many volunteer opportunities – thus creating and sharing the intergenerational experiences with them.

*If money is the root of all evil,  
why do they ask for it in church?*



Help us raise money for our Columbus Kiwanis Foundation by entering your dog in the "Coolest Dog in Columbus" contest, and encouraging your friends to vote. Don't have a dog? Encourage your neighbor, golfing buddy or other dog-owner to enter, and then support them with your vote.

Contest details can be found on the official website ([www.CoollestDog.org](http://www.CoollestDog.org)). There is a \$10 entry fee and votes are \$1 each. The number of votes you (and your friends) cast and your voting frequency are unlimited.

Proceeds from the contest will go to the Columbus Kiwanis Foundation, and will fund grants to local non-profit organizations for programs that will help reduce infant mortality in central Ohio.

The contest will end at midnight on Saturday, March 31, 2018.

## 2018 Mid-Year Education Day ...

Registration for the 2018 Mid-Year Education Day is now open.

This year's event will be back at the newly remodeled Nationwide Hotel & Conference Center in Lewis Center, and is scheduled for Saturday, March 17, 2018.



The theme of this education day is "All about growth." Jason Miller, Ohio District Education Chair, has been hard at work creating new and exciting topics and forums designed to bring forth actionable ideas that we can take back to our Club and quickly implement in order to bring in new members.

The day will begin with an opening session run by the Ohio District Kiwanis Foundation (ODKF), which will feature a keynote speaker to inspire your service as a Kiwanian. There will then be two rounds of 45-minute-long forums, a luncheon session, an additional two 30-minute forums, and finally an afternoon social hour and service fair/project to allow attendees to mix, mingle and share more ideas.

If you have never been to a Mid-Year Education Day, you should plan to attend. The first 50 first-time attendees to register will receive a \$15 discount on their registration fee. You can go to the Ohio District website ([www.ohiokiwanis.org](http://www.ohiokiwanis.org)) to register.

## MID-YEAR Service Project ...

The Kiwanis Ohio District will again be conducting a service project as part of its Mid-Year Education Day.

Delegates to the event are encouraged to bring food items that can go to those who are packing 'Weekend Food Packs.' These weekend food packs will be given directly to children who are "food insecure."

We are looking for individually packaged foods that are easy for kids to open themselves. Suggested items include: granola bars; pop tarts; pudding cups; applesauce or fruit cups; Vienna sausage (pop-top cans); soup (pop-top cans); pasta/ravioli with meat (pop-top cans); grape jelly; peanut butter; 12-ounce size Ritz crackers (box with 4 sleeves); or other individually wrapped food.

If you would like to donate some items, but you are not attending the Mid-Year Education Day, please bring them to our Club meeting on Monday, March 12, and give them to Club Secretary **Paul Bohlman**.

## Trustees vote to award grants ...

Each year, Kiwanis Club of Columbus solicits applications for grants on behalf of our Columbus Kiwanis Foundation. This year, we again have two grant-funding cycles, allowing non-profit organizations to know in advance when they need to submit their requests. The first cycle had a submittal deadline of December 15, and we received 56 proposals totaling more than \$360,000.

After considerable review, analysis and discussion, the Grant Review Committee, co-chaired by **Bill Kiefaber** and **Carrie Poel**, submitted its recommendations to the Club's Trustees for final approval. Here are their recommendations and a description of approved grants to be funded in Round One:

1- **Ohio Chapter, American Academy of Pediatrics** - \$5,000 from Young Children Priority One (YCPO) budget (*infant mortality*). The funds will pay for the distribution of injury prevention/sleep sacks. They will be distributed by physicians, along with education. Fifty sleep sacks will be set aside for use by the Furniture Bank.

2- **Furniture Bank of Central Ohio** - \$10,000 from the YCPO budget (*infant mortality*) to assemble 125 Safe Sleep Kits that will include the sleep sacks, pack and plays, safe-sleep pacifiers and educational materials. The FBOCO will work with OCAAP to set aside 25 Safe Sleep kits for physician referrals.

3- **Simon Kenton Council, Boy Scouts of America** - \$5,000 from the Youth Opportunity/Community Outreach (YOCO) budget. The money will be used for their Urban ScoutReach program that impacts about 1,000 inner-city youth, ages 6-18. Volunteer opportunities are available for us.

4- **St. Vincent Family Center** - \$5,347.25 to impact 55-75 pre-school students in need of behavioral care. The money, from the YOCO budget, will be used to purchase HighScope preschool curricula, an active-learning curriculum designed to promote independent, creative thinking, decision-making and problem-solving skills. There are no volunteer opportunities.

5- **YMCA of Central Ohio** - \$5,000 from the YOCO budget to support their infant/toddler development program. The money will purchase new equipment for their Large Muscle Room. They have submitted a detailed equipment list and they are aggressively shopping for the best deals. There will be volunteer opportunities for us to help assemble and place the new equipment.

6- **Somali Community Access Network** - \$1,900 from the YOCO budget. The money will support 300 Somali-American children ages 2-8 and a children's author-in-residence program. This is a mentoring-type program with a successful Somali-American author reading to the children. The request is endorsed by our International Relations Committee. There will be volunteer opportunities available for our Club members.

## Shared fundraising program ...

Kiwanis Club of Columbus, on behalf of the Columbus Kiwanis Foundation, will be raffling off a pair of season tickets to the 2018 Ohio State home football games.

If you are aware of organizations (*scout troops, booster clubs, church groups, civic groups, etc.*) looking for an easy fundraiser, please let us know. Raffle tickets will sell for \$5 each, and participating organizations will keep \$3 per ticket for their cause.



The program will kick off on Saturday, May 5, with a centralized pick-up location. All organizations will have three months to sell raffle tickets, with money, ticket stubs and unsold tickets being turned in NO LATER THAN Friday, August 10, 2018. The drawing will be held on Monday, August 13, at our regularly scheduled Kiwanis luncheon.

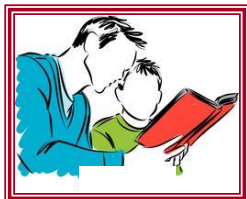
For additional information or organization participation sign-up forms, please contact Club Secretary **Paul Bohlman** at [pbohlman@aol.com](mailto:pbohlman@aol.com).

*I think it's adorable how they're now putting jokes on the side of snacks. Listen to this one ... serving size: 3 cookies!*

## Reading Buddies need you ...

Think what your world would be like if you did not know how to read. First off, you would miss out on all the great information in our weekly Kiwanis newsletter, but more importantly, you would likely not have the job you have, you would not be able to navigate through road signs and instructions, and on and on. Your world would be totally different.

We take our reading skills for granted. But many are not so fortunate, and many are at risk of going through life without the benefit of this simple skill, yet the solution is easy. Giving at-risk youth a little instruction, guidance, support and encouragement can totally change their future and make possible the many opportunities that lie ahead.



Kiwanis Club of Columbus works closely with the Boys and Girls Club of Columbus to assist young students in developing their reading skills. Twice a month, on the second and fourth

Thursdays during the school year,

Kiwanians volunteer one hour to work with students to learn, develop and enhance their ability to read.

We can always use more volunteers. To sign up, just go to the Activity Calendar on the website, click on a Reading Buddies date and sign up. Just one hour can change a child's life!

*Audiologists are EARresponsible.*

## Next meeting

(March 5, 2018)

### Program:

**Gleb Tsipursky** – 'Fighting fake news with behavioral science.'

### Greeters:

**Hilary Blakemore** - Boys & Girls Clubs of Columbus

**Greg Daugherty** – Porter, Wright, Morris & Arthur LLP

### Invocation:

**Joyce Waters** – Johnson Investment Counsel

**Committee Meetings:** Membership; Scholarship; Music & Arts

### Menu Options:

**Hot:** Iceberg salad, grilled pork loin with mustard cream sauce.

**Cold:** Turkey Caesar wrap, with fruit.

## Kiwanis Club of Columbus

P.O. Box 20334, Columbus, OH 43220-0334

**Phone:** 614-738-0069

**e-mail:** [office@columbuskiwanis.org](mailto:office@columbuskiwanis.org)

**website:** [www.columbuskiwanis.org](http://www.columbuskiwanis.org)

### CLUB OFFICERS

Chad Endsley	President
Jack D'Aurora	Past President
Jim Shively	President-Elect
Joyce Waters	Vice President
Dan Lacey	Treasurer
Paul Bohlman	Secretary/Editor

### CLUB TRUSTEES

<u>2018</u>	<u>2019</u>
Jim Shively	Joyce Waters
Brian Seitz	Dan Lacey
Chuck Frobose	Anahi Ortiz
Caitlyn Johnson	Bob Barnes
Wes Strickling	Lynn Coons

## Columbus Kiwanis Foundation

P.O. Box 20334, Columbus, OH 43220-0334

### FOUNDATION OFFICERS

Mark Swepston	President
Ted Coons	Vice President
Jim Bechtel	Treasurer
Paul Bohlman	Secretary

### FOUNDATION TRUSTEES

Chad Endsley	Jim Shively
Joyce Waters	Kathleen Roberts
Dan McCormick	David Timmons

# Committee Chairs

For the 2017-18 Administrative Year

<b>Committee</b>	<b>Chair</b>	<b>Meeting schedule</b>
<b>Administrative</b>		
Executive Committee	Chad Endsley	8 a.m. – 1 <sup>st</sup> Friday of month – First Watch on S. High
Trustees/Committee Chairs	Chad Endsley	5:30 p.m. – 2 <sup>nd</sup> Tuesday of month – location varies
Finance & Budget	Dan Lacey	as needed
Nominating & Recognition	Jack D’Aurora	
Past President Advisor	Scott Lindsey	ongoing
<b>Club</b>		
Boast/Good Cheer	Fil Line	via e-mail - ongoing
Club Historian	Ron Cook	ongoing
Golf	T. Christman/M. Becker	will begin meeting in the spring
Interclub	Ted Coons	1 p.m. – 4 <sup>th</sup> Monday of month – at ACC
Laws & Regulations	Bob Eberhart	as needed
Program	Jim Skidmore	Noon – 2 <sup>nd</sup> Wednesday of month at OSU Golf Clubhouse
Social	C. Collister / C. Johnson	as needed to plan individual events
Spiritual Aims/Invocation	Merri Bame	ongoing e-mail / as a group in January
<b>Fundraising</b>		
Club Fundraising	Joyce Waters	
Auction	Brian Seitz	
Columbus Charity 5K	Bob Barnes	via phone initially
Columbus Charity Regatta	Wes Strickling	
OSU Ticket Raffle	Paul Bohlman	Saturday, May 5 - raffle ticket pick up for outside groups
<b>Growth/Development</b>		
Attendance & Retention	Bill Calvert	ongoing as needed
Membership	K. Gintz/ A. Thibaut	11:30 a.m. – 1 <sup>st</sup> Monday of month – at ACC
New Member (orientation)	Scott Lindsey	11:30 a.m. - 3/7 (Eddie George), 4/2, 5/7, 6/4, 7/2, 8/6, 9/3 - ACC
<b>Marketing/Public Relations</b>		
Marketing	Bob Wiseman	1 p.m. – 1 <sup>st</sup> Monday of month at ACC
Public Relations	Bill Kiefaber	in conjunction with Marketing committee
Newsletter Editor	Paul Bohlman	weekly - electronically
Webmaster	Alice Foeller	ongoing
<b>Service Leadership Programs</b>		
SLPs – Circle K	Susan Black	weekly
SLPs – Key Club	Vacant	
SLPs – Builder’s/Torch Club	Hilary Blakemore	5:30 p.m. – Wednesdays at B&G Club
<b>Funding Committee</b>		
Charity Start-up Competition	Wes Strickling	
Grant Review	B. Kiefaber/ C. Poel	1 p.m. – Friday, February 2
Scholarship	Shawn Ballinger	1 p.m. – 1 <sup>st</sup> Monday of month - at ACC
<b>Community Service</b>		
Agriculture & Environment	Scott Doellinger	
Behavioral Health & Wellness	Stephen Wilson	1 <sup>st</sup> Monday at ACC
Career Guidance	vacant	
Homeless	Lynn Coons	
International Relations	Mark Poepelman	11:30 a.m. – 2 <sup>nd</sup> Monday – at ACC
Kiwanis One Day	Kathleen Roberts	2017 program completed
Music & Arts	Jim Skidmore	11:30 a.m. - 1 <sup>st</sup> Monday at ACC
Senior Citizens	Kathleen Roberts	7:30 a.m. – 1 <sup>st</sup> Thursday of month – at Giant Eagle Grandview
Young Children Priority One	K. Keller/ C. Johnson	11:15 a.m. – 3 <sup>rd</sup> Monday at ACC
Youth Opp./Citizenship	Kristin Gintz	